

Iowa's Center of Excellence for Behavioral Health  
Evidence-Based Practices in Behavioral Health Summit

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# We want to hear from you: An open discussion on PSH in Iowa

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September 29, 2023

Learn. Adapt. Adopt.

# Agenda

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- Objectives
- Overview of PSH in Iowa
- Intersecting PSH and behavioral health
- Exemplar PSH programs in other states by standards, outcomes, and fidelity
- Funding sources
- Discussion on PSH in Iowa

# Objectives

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- Compare systems supporting permanent supportive housing across the United States.
- Analyze opportunities for permanent supportive housing service integration and expansion across Iowa.
- Generate a collective vision for supporting and expanding permanent supportive housing in Iowa.

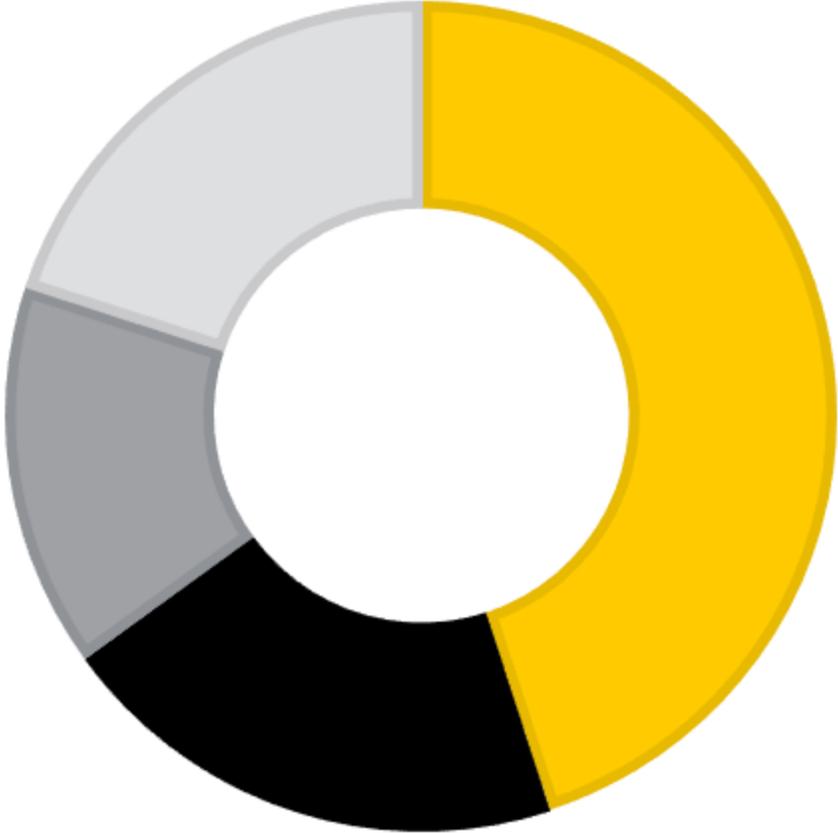
# Who's in the audience?

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- Which provider type best aligns with your work?
  - Housing service provider
  - Employment service provider
  - Other behavioral health service provider
  - MHDS Region

# Need for Supportive Housing in Iowa

There are approximately **9,211** households in Iowa in need of supportive housing today.

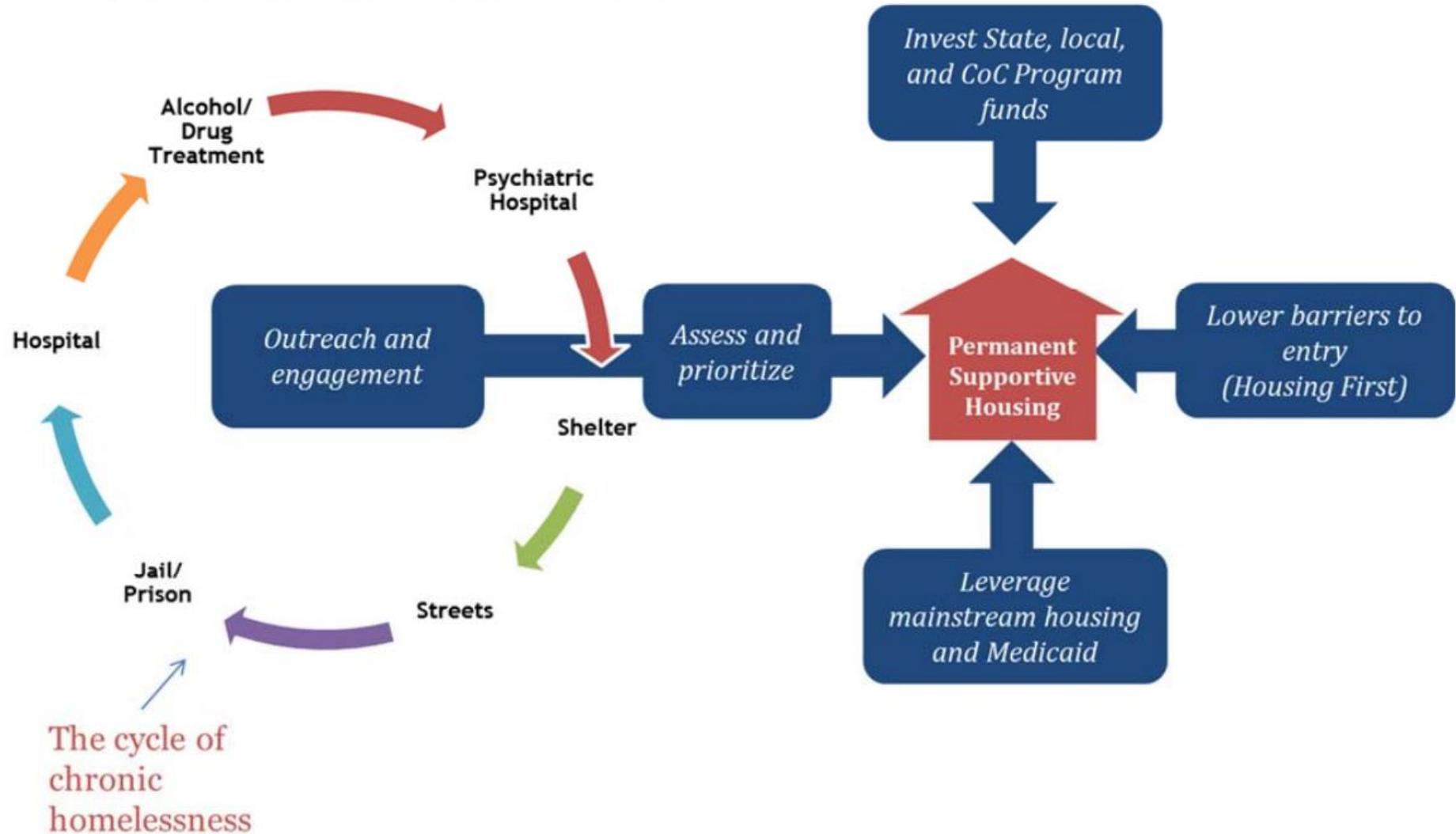


Greatest Need by Group:

- Aging - 45%
- IDD - 20%
- Justice - 15%
- Other - 20%

Based on CSH National Housing Needs Assessment

## The Cycle of Chronic Homelessness



Source: U.S. Interagency Council on Homelessness

## Intersection of PSH and Behavioral Health

# Overview of PSH in Iowa

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- Service systems historically not integrated statewide
- Unsure of where and how many programs exist due to varied understanding and implementation of PSH
- PSH Statewide Advisory Committee
  - Unified Definition
  - Centralized Standards
  - Fidelity Validated

# Housing First Principles



## CONSUMER CHOICE

Choice in housing and services emphasis self-determination



## SEPARATION OF HOUSING AND TREATMENT

Immediate access to housing without treatment or sobriety as prerequisites



## PROVIDE SERVICES TO MATCH NEEDS

Program provides or coordinates services



## RECOVER ORIENTED SERVICE PHILOSOPHY

Ongoing, positive, hopeful, Affirming support



## SOCIAL COMMUNITY INTEGRATION

Supporting a life in the community like everyone else

# Crosswalk of PSH Standards

HUD	SAMHSA	CSH
Environmental Review		
Program Operations	Quality Housing/ Standard Lease	Tenant-Centered
Housing First	Access to Housing/ Integration	Accessible/ Integrated
Case Management & Support Services/ Service Coordination	Flexible, Voluntary Services/ Functional Separation of Housing & Supports	Coordinated
Program Planning & Evaluation	Internal & External Fidelity Assessments/ Rental Assistance	Sustainable

## CSH STANDARDS MATRIX

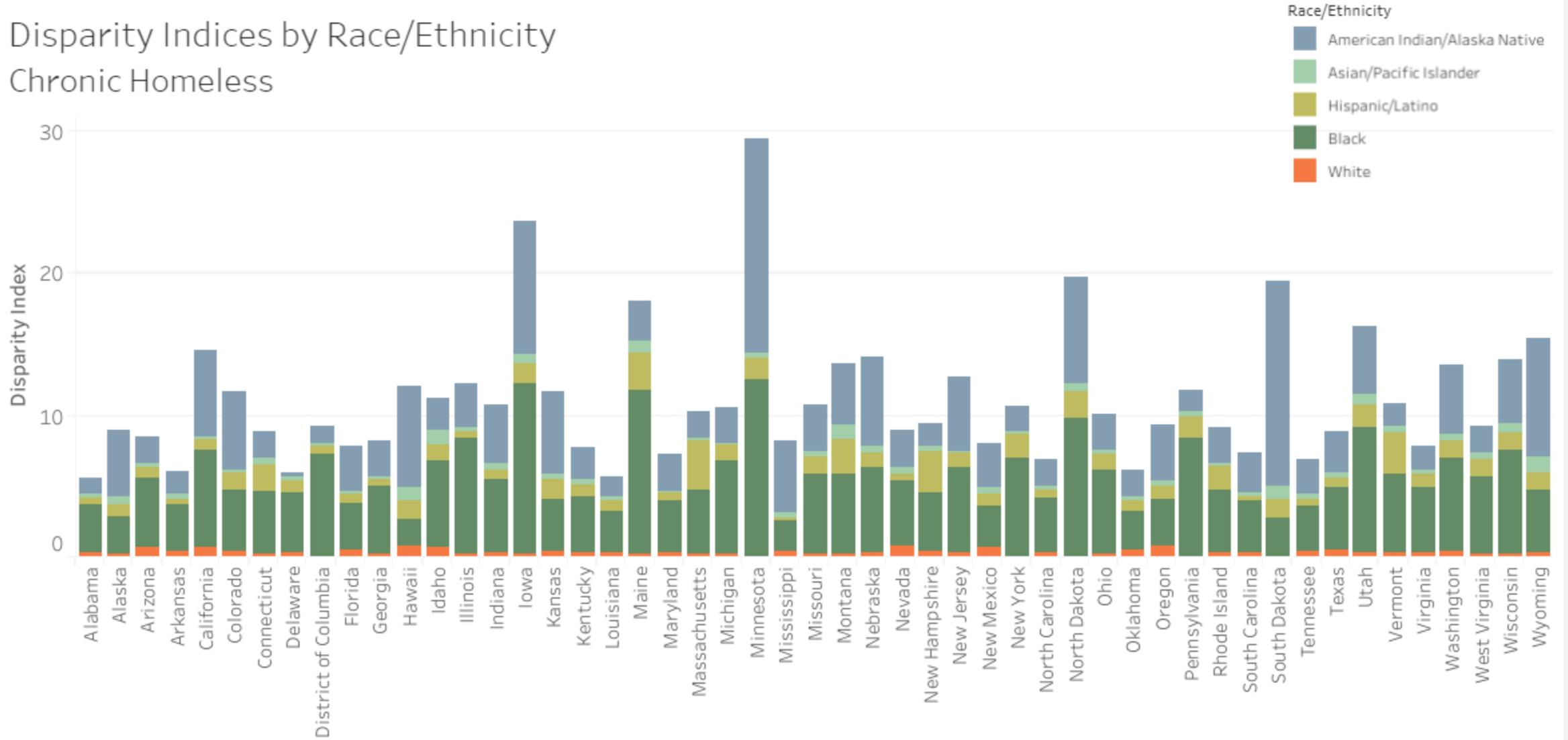
*This matrix summarizes each component and standard. Please continue to the subsequent pages for additional details. Visit [csh.org/quality](http://csh.org/quality) for available resources on planning for or operating quality supportive housing.*

	● Project Planning and Administration	■ Property and Housing Management	◆ Supportive Services	▲ Community Planning and Engagement
Tenant-Centered	Tenants play an active role in planning the supportive housing project or program. All partners share a commitment to helping tenants thrive.	Staff educates tenants on their rights and responsibilities as leaseholders, actively soliciting tenant feedback, and incorporating the feedback in decision-making.	Services are voluntary, comprehensive, and developed to reflect the diversity and unique needs of the community served.	Tenants have meaningful opportunities for leadership through tenant associations and board positions, prioritizing individuals from historically underrepresented groups.
Accessible	The housing is affordable, located in a neighborhood that meets tenants' needs, and accommodating to persons with special needs.	Tenants move into housing quickly and the process is executed in an equitable and culturally humble manner, reflecting the varying backgrounds and needs of the community served.	Staff actively works to ensure that tenants are aware of available services, which are accessible and delivered in a culturally responsive manner.	The housing application and screening process is part of a larger community strategy to coordinate access to housing.
Coordinated	Roles, responsibilities, and communication strategies are clearly established among the supportive housing partners, formalized in written agreements and revisited regularly.	Staff works closely with service providers and landlords to ensure tenants sustain stable housing.	The primary service provider has established connections to essential, community-based resources that are inclusive of the diverse community needs.	Tenants who have high service needs or who are high utilizers of existing systems are given priority for available units.
Integrated	The supportive housing project meets or exceeds community standards and builds and sustains meaningful community partnerships.	All tenants are offered a choice of housing unit and have a lease identical to tenants not in supportive housing.	Staff supports tenants in developing and strengthening connections to their community.	There is an overall strategy promoting the ability of tenants to choose from a variety of housing models and neighborhoods.
Sustainable	The supportive housing project has funding that is adequate for its ongoing operations and services, and allows it to prioritize its intended tenants.	While respecting tenant rights and privacy, staff regularly checks to ensure that the unit remains in good condition and receives any needed maintenance.	The supportive housing project has funding that is sufficient to provide services to tenants on an ongoing basis and supports enough flexibility to address changing tenant needs.	Goals outlined in community planning efforts, such as community wide plans to end homelessness and consolidated plans, are furthered as a result of this supportive housing.



# Disparity Indices by Race/Ethnicity

## Chronic Homeless



# High Quality PSH: Minnesota

- Minnesota



Property Management, Service Provider and Front Desk staff align with core values of supportive housing and reflect the population being served.

Use Housing First, harm reduction, and person-centered approaches

Ensure that interactions with tenants are trauma-informed

Are provided with ongoing supervision and support

# Outcomes: North Dakota

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- Benefits (new benefits, maintain or increase income)
- Use of tenancy support services
- Not moving to sheltered or unsheltered homelessness
- Length of stay
- Funding utilized to support program and service delivery
- Community engagement events
- Other community providers involved in on-site provision of services
- Range & prevalence of service needs

# Fidelity: Virginia

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- In progress
- Customized assessment
  - CSH (quality & certification) & SAMHSA (fidelity standards)
- Conducted fidelity assessments for a network of 20 providers
  - Behavioral health agencies

# Fidelity Tools

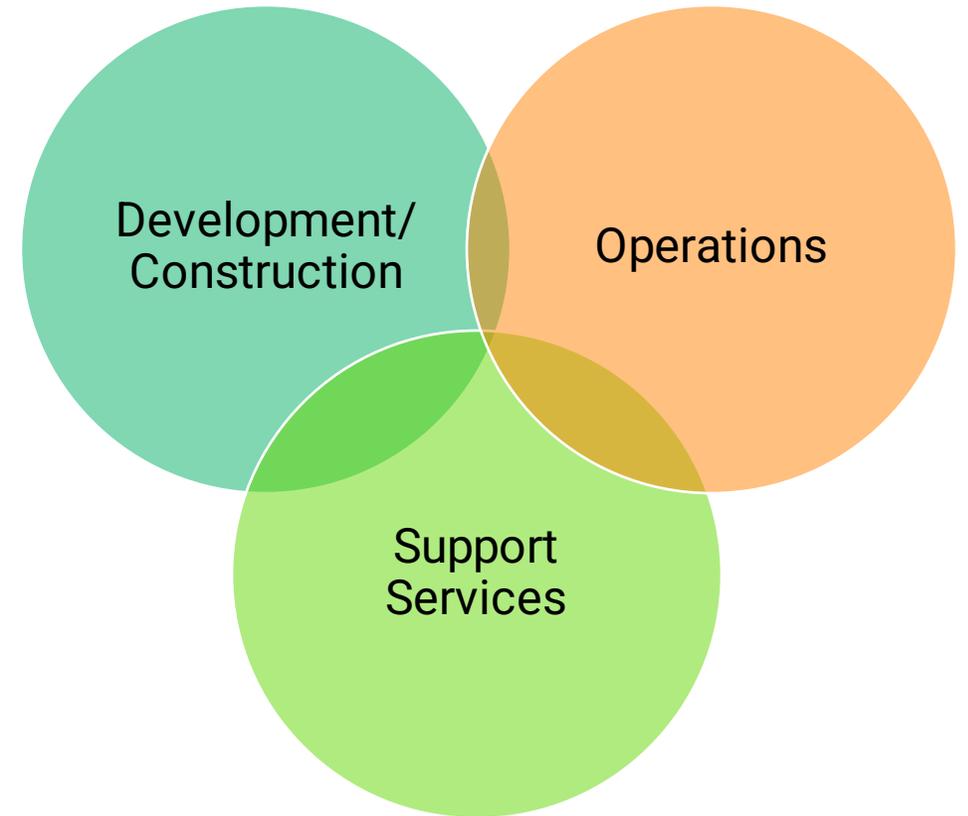
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- [UISCH Housing First Checklist](#)
- [CSH Self-Assessment](#)
- Connecticut Supportive Housing Quality Initiative (SHQI)
  - Compliance with SHQI standards is monitored through a contract with CSH to provide periodic site visits
- \*Quality Service Review (QSR) for PSH Tenants
  - Evaluates the quality of services delivered and assesses the tenants' level of satisfaction with housing and services
    - Connecticut and Michigan utilize this
- Massachusetts Supportive Housing Data Collection Tool
  - Measures impact of PSH projects; 35 questions/indicators

# Funding

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- Low-Income Housing Tax Credit
- State Housing Trust Fund
- National Housing Trust Fund
- HOME Program
- HOME-ARP Program
- Housing Vouchers
- Housing and
- Urban Development (Continuum of Care)
- Other local funding sources



# Funding - Medicaid

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## **1915(b) Managed Care**

Colorado, North Carolina

## **1115 Demonstration Waiver**

Virginia, Maryland, Massachusetts, North Carolina, Oregon, Delaware, Hawaii, California (Medi-Cal)

## **1915(i) HCBS State Plan**

Connecticut, Minnesota, North Dakota

## **1915(k) Community First Choice**

Maryland, Oregon, California, Maryland, Montana, New York, Texas, Washington

## **1915(c) HCBS Waiver**

Washington D.C., Louisiana, Minnesota

## **1905(a) State Plan**

Minnesota, Connecticut

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# Discussion

<https://pollev.com/iowacebh984>

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 [iowacebh.org](http://iowacebh.org)

