

# Center of Excellence for Behavioral Health

## February 2024 Monthly Newsletter

### CEBH Updates

The CEBH team continues to prepare our 2024 training plan and appreciates all the feedback received thus far. See below for the first four trainings.

If you or your team need assistance with case consultations or client concerns, please contact [iowa-cebh@uiowa.edu](mailto:iowa-cebh@uiowa.edu).

### Our February CEBH Training

<b>Wednesday, February 21, 2024</b> 12:00 PM to 1:30 PM <a href="#">Register Here</a>	<b>Unpacking What is a “Serious Mental Illness”</b>
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### Upcoming CEBH Trainings

<b>Wednesday, March 20, 2024</b> 9:00 AM to 12:00 PM <a href="#">Register Here</a>	<b>Connecting Paradigms: Trauma-Informed Motivational Interviewing</b>
<b>Thursday, March 28, 2024</b> 1:00 PM to 2:30 PM <a href="#">Register Here</a>	<b>Inclusive Paths: Understanding and Embracing Neurodiversity</b>
<b>Wednesday, April 10, 2024</b> 1:00 PM to 4:00 PM <a href="#">Register Here</a>	<b>Trauma-Informed Leadership</b>

### External On-Demand Training Opportunities

\*Free trainings, account set up required

Improving Cultural Competency for Behavioral Health Professionals ~ <a href="#">More Info</a>
Addressing Social Needs and Social Determinants of Health for People Experiencing SMI ~ <a href="#">More Info</a>
Culturally Competent and Trauma-Informed Crisis Management ~ <a href="#">More Info</a>
Self-Report Scales for People with Serious Mental Illness: Introducing the INSPIRE Self-Report Scale (ISRS) ~ <a href="#">More Info</a>
Understanding Correctional Mental Health Services ~ <a href="#">More Info</a>
Introduction to Acceptance and Commitment Therapy for Serious Mental Illness ~ <a href="#">More Info</a>

### CEBH On-Demand Training

IPS 101: Introduction to the Basics  
[More Info](#)

### Additional CEBH Activities

Iowa IPS Statewide Advisory Committee Meeting  
 Wednesday, February 7, 2024  
 9:30 AM to 11:00 AM

### Resources

Overdose Prevention and Response Toolkit ~ <a href="#">More Info</a>
Mental Health in the Criminal Justice System ~ <a href="#">More Info</a>
A Tale of Mental Illness—From the Inside ~ <a href="#">More Info</a>
Boosting the Power of Harm Reduction ~ <a href="#">More Info</a>
Recovery from Substance Use and Mental Health Problems Among Adults in the United States ~ <a href="#">More Info</a>
Addiction Technology Transfer Center Network – Essential Conversations ~ <a href="#">More Info</a>
Mental Health Technology Transfer Center Network – Featured Podcasts ~ <a href="#">More Info</a>

# February External Trainings

<p><b>Thursday, February 1, 2024</b> 9:30 AM to 11:00 AM</p>	<p>PTTC: <i>Deep Dive into Prevention Ethics: Competency and the Strategic Prevention Framework (SPF)</i></p>	<p><a href="#">More Info</a></p>
<p><b>Monday, February 5, 2024</b> 2:00 PM to 3:30 PM</p>	<p>MHTTC: <i>Being Too Assertive or Not Assertive Enough: Navigating an Important, but Challenging Space Within ACT - National Assertive Community Treatment Virtual Consultation Meeting</i></p>	<p><a href="#">More Info</a></p>
<p><b>Monday, February 5, 2024 – Friday, February 9, 2024</b> 11:00 AM to 12:00 PM</p>	<p>PTTC: <i>Advancing Health Equity through the Strategic Prevention Framework (SPF): A Lunch &amp; Learn Series</i></p>	<p><a href="#">More Info</a></p>
<p><b>Thursday, February 8, 2024</b> 1:00 PM to 2:00 PM</p>	<p>MHTTC: <i>Organizational Wellness: A Strategy for Rural Behavioral Health Workforce Recruitment and Retention</i></p>	<p><a href="#">More Info</a></p>
<p><b>Tuesday, February 13, 2024</b> 10:00 AM to 11:30 AM</p>	<p>ATTC: <i>Black History Month Panel Presentation: Featuring 2024 Hall of Fame Award Recipients, Museum of African American Addictions, Treatment, and Recovery</i></p>	<p><a href="#">More Info</a></p>
<p><b>Tuesday, February 13, 2024</b> 10:00 AM to 12:00 PM</p>	<p>MHTTC: <i>Addressing the Recovery Support Needs of Persons with IDD</i></p>	<p><a href="#">More Info</a></p>
<p><b>Tuesday, February 13, 2024</b> 12:00 PM to 1:30 PM</p>	<p>ATTC: <i>Clinical Supervision within the Substance Use Workforce: Addressing the Generational Gap</i></p>	<p><a href="#">More Info</a></p>
<p><b>Wednesday, February 21, 2024</b> 1:00 PM to 2:00 PM</p>	<p>MHTTC: <i>Job Development: Building Skills to Connect with the Business Community</i></p>	<p><a href="#">More Info</a></p>
<p><b>Thursday, February 22, 2024</b> 12:00 PM to 2:00 PM</p>	<p>MHTTC: <i>Cultural Humility and Responsiveness as a Mental Health Professional</i></p>	<p><a href="#">More Info</a></p>
<p><b>Monday, February 26, 2024</b> 12:00 PM to 1:00 PM</p>	<p>MHTTC: <i>Multicultural Orientation: A Process-Oriented Approach to Culturally Responsive Psychotherapy</i></p>	<p><a href="#">More Info</a></p>
<p><b>Thursday, February 29, 2024</b> 11:00 AM to 12:00 PM</p>	<p>MHTTC: <i>Early-Stage Psychosis: The Basics and Best Practice Updates</i></p>	<p><a href="#">More Info</a></p>