## Center of Excellence for Behavioral Health March 2024 Monthly Newsletter

### **CEBH Updates**

The CEBH team continues to prepare our 2024 training plan. Please see below for some of our upcoming trainings.

If you or your team need assistance with case consultations or client concerns, please contact <u>iowa-cebh@uiowa.edu</u>.

## Our March CEBH Training

Wednesday, March 20, 2024 9:00 AM to 12:00 PM Register Here

Thursday, March 28, 2024 1:00 PM to 2:30 PM Register Here Connecting Paradigms: Trauma-Informed Motivational Interviewing

Inclusive Paths: Understanding and Embracing Neurodiversity

## **Upcoming CEBH Trainings**

Wednesday, April 10, 2024 1:00 PM to 4:00 PM Register Here

Trauma-Informed Leadership

Wednesday, April 17, 2024 12:00 PM to 1:30 PM Register Here

Best Practices in Supporting Justice Involved Clients

## **External On-Demand Training Opportunities**

\*Free trainings, account set up required

Wellness Tools for Personal and Professional Practice ~  $\underline{\mathsf{More Info}}$ 

What Happens When Your Patient with SMI Gets Arrested ~  $\underline{More Info}$ 

Zip Code and Mental Health: Where You Live Matters for Individuals with Serious Mental Illness  $\sim \underline{\text{More Info}}$ 

Serious Mental Illness and Homelessness ~ More Info

Managing Hoarding Disorder and Hoarding Behavior in People with SMI  $\sim \underline{\mathsf{More}}$  Info

#### CEBH On-Demand Training

IPS 101: Introduction to the Basics <u>More Info</u>

## In Case You Missed it...

2024 CEBH Trainings Archive

2023 CEBH Trainings Archive

## Additional CEBH Activities

Rural ACT Coalition Monday, March 4, 2024 3:00 PM to 4:00 PM

PSH Statewide Stakeholder Advisory Committee Thursday, March 7, 2024 8:30 AM to 10:00 AM

## Resources

Job Accommodation Network~ <u>More Info</u>

988 Suicide & Crisis Lifeline ~ <u>More Info</u>

Sometimes (I'm schizoaffective)/All of the Time (I'm human) <u>More Info</u>

Living With Serious Mental Illness  $\sim More Info$ 

iowacebh.org

# March External Trainings

Wednesday, March 6, 2024 Wednesday, March 13, 2024 Wednesday, March 20, 2024 8:00 AM to 9:30 AM	MHTTC: Integrating Social Determinants of Mental Health into Clinical Practice	<u>More Info</u>
<b>Thursday, March 7, 2024</b> 9:30 AM to 11:00 AM	PTTC: Deep Dive into Prevention Ethics: Integrity and the Strategic Prevention Framework (SPF)	<u>More Info</u>
<b>Tuesday, March 12, 2024</b> 1:15 PM to 2:30 PM	MHTTC: Setting Boundaries in Supervision	More Info
Wednesday, March 13, 2024 12:00 PM to 3:15 PM	Ethics and Boundaries for Substance Use Disorder Professionals	More Info
Wednesday, March 13, 2024 1:15 PM to 3:30 PM	MHTTC: De-escalation Training	More Info
<b>Thursday, March 14, 2024</b> 12:00 PM to 1:00 PM	MHTTC: I Am Not My Diagnosis	More Info
<b>Friday, March 15, 2024</b> 11:00 AM to 12:00 PM	Mental Health and Harm Reduction: Meeting Clients Where They Are	More Info
<b>Tuesday, March 19, 2024</b> 8:00 AM to 11:15 AM	Overview of Best Practices in the Supervision of Substance Use Providers	More Info
<b>Tuesday, March 19, 2024</b> 12:00 PM to 1:30 PM	MHTTC: When Mental Health and Housing Subsidies Clash	More Info
<b>Tuesday, March 19, 2024</b> 12:00 PM to 1:30 PM	PTTC: A Prevention Practitioner's Guide to Risk and Protective Factors: Risk and Protective Factors 101 – Session 1	More Info
Wednesday, March 20, 2024 9:00 AM to 11:00 AM	PTTC: Overview of Harm Reduction	More Info
Wednesday, March 20, 2024 3:00 PM to 4:00 PM	Criminal Justice and Mental Illness: A Webinar on the State of the Issue	More Info
<b>Tuesday, March 26, 2024</b> 10:00 AM to 11:30 AM	PTTC: 2024 Workforce Development Series - Part 3 Communication Strategies and Essentials for the Prevention Workforce	More Info
<b>Tuesday, March 26, 2024</b> 12:00 PM to 1:30 PM	PTTC: A Prevention Practitioner's Guide to Risk and Protective Factors: Shared Risk and Protective Factors – Session 2	More Info
Wednesday, March 27, 2024 2:00 PM to 3:00 PM	ATTC: How Humor Helps: Using Therapeutic Humor to Support Clients	More Info
Wednesday, March 27, 2024 12:00 PM to 1:30 PM	ATTC: Implementing Harm Reduction Strategies in your Organization	More Info

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