

# Center of Excellence for Behavioral Health

## April 2024 Monthly Newsletter

### CEBH Updates

The CEBH team continues to prepare our 2024 training plan. Please see below for some of our upcoming trainings.

If you or your team need assistance with case consultations or client concerns, please contact [iowa-cebh@uiowa.edu](mailto:iowa-cebh@uiowa.edu).

### Our April CEBH Training

<b>Wednesday, April 10, 2024</b> 1:00 PM to 4:00 PM <a href="#">Register Here</a>	<b>Trauma-Informed Leadership</b>
<b>Wednesday, April 17, 2024</b> 12:00 PM to 1:30 PM <a href="#">Register Here</a>	<b>Best Practices in Supporting Justice Involved Clients</b>

### Upcoming CEBH Trainings

<b>Wednesday, May 15, 2024</b> 12:00 PM to 1:30 PM <a href="#">Register Here</a>	<b>Understanding Substance Use Disorder and Co-Occurring Conditions</b>
<b>Wednesday, June 12, 2024</b> 1:00 PM to 4:00 PM <a href="#">Register Here</a>	<b>Staff Resiliency and Wellness</b>

### External On-Demand Training Opportunities

\*Free trainings, account set up required

Mental Health and Harm Reduction: Meeting Clients Where They Are ~ <a href="#">More Info</a>
Providing Crisis and Assessment Services Remotely ~ <a href="#">More Info</a>
Culture of Mental Illness: Sensemaking of Psychosis and Recovery ~ <a href="#">More Info</a>
Two Decades of Shared Decision Making in Mental Health: Achievements, Challenges, and Path Forward ~ <a href="#">More Info</a>
Engage or Enrage: De-escalation Strategies for Mental Health Crisis (Part One) ~ <a href="#">More Info</a>
(Part Two) ~ <a href="#">More Info</a>

### CEBH On-Demand Training

IPS 101: Introduction to the Basics ~

[More Info](#)

Introduction to Assertive Community Treatment (ACT) ~

[More Info](#)

### In Case You Missed it...

[2024 CEBH Trainings Archive](#)

[2023 CEBH Trainings Archive](#)

### Additional CEBH Activities

Rural ACT Coalition  
 Monday, April 1, 2024  
 3:00 PM to 4:00 PM

Iowa IPS Learning Community Meeting  
 Thursday, April 18, 2024  
 10:00 AM to 12:00 PM

### Resources

[Join the SMI Adviser Newsletter](#)

[Join the MHTTC Pathways Newsletter](#)

[Hope Starts with Us Podcast](#)

[Treatment, Housing, and Outreach Support for Individuals with Psychotic Disorders](#)

[Ask the Expert: How to Help Someone with Mental Illness Accept Treatment](#)

# April External Trainings

<b>Tuesday, April 2, 2024</b> 12:00 PM to 1:30 PM	<b>PTTC: <i>A Prevention Practitioner’s Guide to Risk and Protective Factors: Going Deeper on Protective Factors – Session 3</i></b>	<a href="#">More Info</a>
<b>Wednesday, April 3, 2024</b> 1:15 PM to 2:30 PM	<b>MHTTC: <i>Delegating the Right Work</i></b>	<a href="#">More Info</a>
<b>Wednesday, April 3, 2024</b> 12:00 PM to 1:00 PM	<b>MHTTC: <i>Rural Resilience: Bridging Mental Health Support for Men in the Heartland</i></b>	<a href="#">More Info</a>
<b>Thursday, April 4, 2024</b> 9:30 AM to 11:00 AM	<b>PTTC: <i>Deep Dive into Prevention Ethics: Nature of Services and the SPF</i></b>	<a href="#">More Info</a>
<b>Thursday, April 4, 2024</b> 1:00 PM to 2:30 PM	<b><i>Naloxone in Public Housing: Success in St. Louis</i></b>	<a href="#">More Info</a>
<b>Wednesday, April 10, 2024</b> 10:00 AM to 11:30 AM	<b>MHTTC: <i>Current Substance Use Trends and Evolving Risks</i></b>	<a href="#">More Info</a>
<b>Wednesday, April 10, 2024</b> 12:00 PM to 3:15 PM	<b>Overview of Cognitive Behavioral Therapy for Substance Use Disorders</b>	<a href="#">More Info</a>
<b>Thursday, April 11, 2024</b> 12:00 PM to 2:00 PM	<b>MHTTC: <i>Motivation in Mental Health Recovery</i></b>	<a href="#">More Info</a>
<b>Friday, April 12, 2024</b> 11:00 AM to 12:00 PM	<b><i>Community Inclusion as a Medical Necessity: Strategies for Clinicians</i></b>	<a href="#">More Info</a>
<b>Tuesday, April 16, 2024</b> 9:45 AM to 12:00 PM	<b>MHTTC: <i>Trauma-Informed Teams</i></b>	<a href="#">More Info</a>
<b>Wednesday, April 24, 2024</b> 10:00 AM to 11:30 AM	<b>MHTTC: <i>Harm Reduction Principles, Strategies and Limits</i></b>	<a href="#">More Info</a>
<b>Wednesday, April 24, 2024</b> 12:00 PM to 1:30 PM	<b>ATTC: <i>Implementing Harm Reduction Initiatives in Rural Communities</i></b>	<a href="#">More Info</a>
<b>Thursday, April 25, 2024</b> 12:30 PM to 2:00 PM	<b>MHTTC: <i>De-Escalation &amp; Communication in a Behavioral Health Setting</i></b>	<a href="#">More Info</a>
<b>Friday, April 26, 2024</b> 10:30 AM to 12:00 PM	<b>PTTC: <i>Mobilizing Marginalized Communities to Prevent Substance Misuse</i></b>	<a href="#">More Info</a>