

Center of Excellence for Behavioral Health

May 2024 Monthly Newsletter

May is Mental Health Awareness Month



[Access the Toolkit](#)

CEBH Updates

- The CEBH team continues to prepare our 2024 training plan. Please see below for some of our upcoming trainings, more will be added soon.
- CEBH is excited to be expanding to providing training on suicide prevention starting in June with the first webinar occurring on June 25th. See event details below.
- If you or your team need assistance with case consultations or client concerns, please contact iowa-cebh@uiowa.edu.

Our May CEBH Training

Wednesday, May 15, 2024 12:00 PM to 1:30 PM Register Here	Understanding Substance Use Disorder and Co-Occurring Conditions
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Upcoming CEBH Trainings

Wednesday, June 12, 2024 12:00 PM to 1:30 PM Register Here	Fair Housing Laws with Iowa Legal Aid
Wednesday, June 12, 2024 1:00 PM to 4:00 PM Register Here	Staff Resiliency and Wellness
Tuesday, June 25, 2024 1:00 PM to 2:30 PM Register Here	Introduction to Iowa’s Suicide Prevention Plan and Current Initiatives

CEBH On-Demand Training

- IPS 101: Introduction to the Basics
[More Info](#)
- Introduction to Assertive Community Treatment (ACT)
[More Info](#)

In Case You Missed it

- [2024 CEBH Trainings Archive](#)
- [2023 CEBH Trainings Archive](#)

Additional CEBH Activities

- Iowa IPS Statewide Advisory Committee
Wednesday, May 1, 2024 – 9:30 AM to 11:00 AM
- Rural ACT Coalition
Monday, May 6, 2024
3:00 PM to 4:00 PM
- CEBH Project Leadership Committee
Tuesday, May 7, 2024
10:00 AM to 12:00 PM

Resources

- [Black LGBTQ+ Mental Health](#)
- [Hope Starts with Us Podcast](#)
- [Serious Mental Illness Infographics](#)
- [Low-Barrier Shelter: Policies into Practice](#)

May External Trainings

Wednesday, May 1, 2024 2:30 PM to 4:00 PM	MHTTC: <i>In Our Own Voice with NAMI Seattle</i>	More Info
Thursday, May 2, 2024 9:30 AM to 11:00 AM	PTTC: <i>Deep Dive into Prevention Ethics: Confidentiality and the Strategic Prevention Framework (SPF)</i>	More Info
Thursday, May 2, 2024 1:00 PM to 2:00 PM	MHTTC: <i>Supporting Youth Who Encounter Racial Stress and Trauma</i>	More Info
Monday, May 6, 2024 1:15 PM to 2:30 PM	MHTTC: <i>Coaching Employees</i>	More Info
Tuesday, May 6, 2024 11:00 AM to 6:00 PM	MHTTC: <i>Safety, Compassion, and Dignity: A One-Day Symposium on Harm Reduction, Healing Justice, and Mental Health Approaches</i>	More Info
Wednesday, May 8, 2024 10:00 AM to 11:30 AM	MHTTC: <i>Understanding Addiction and Options for Care</i>	More Info
Thursday, May 9, 2024 11:30 AM to 1:00 PM	MHTTC: <i>Compassion Fatigue as a Behavioral Health Professional</i>	More Info
Tuesday, May 14, 2024 12:00 PM to 1:00 PM	<i>Defining and Screening for Transphobia-driven Intimate Partner Violence</i>	More Info
Wednesday, May 15, 2024 9:00 AM to 10:30 AM	MHTTC: <i>Peer Perspectives: Charting Your Course in the Mental Health Field</i>	More Info
Thursday, May 16, 2024 10:00 AM to 2:30 PM	MHTTC: <i>Ethics and Boundaries: Adapting Evidence-Based Interventions to Honor Diversity</i>	More Info
Thursday, May 16, 2024 1:00 PM to 2:30 PM	PTTC: <i>Working Within Rural Communities: The Unique Benefits and Challenges for Substance Misuse Prevention Professionals</i>	More Info
Monday, May 20, 2024 1:00 PM to 1:30 PM	MHTTC: <i>Mindful Monday – Self Care</i>	More Info
Tuesday, May 21, 2024 12:00 PM to 1:00 PM	MHTTC: <i>Partnering with Families in Behavioral Health: The FAMILY Approach</i>	More Info
Tuesday, May 21, 2024 12:30 PM to 2:00 PM	PTTC: <i>Weaving Wisdom with Innovation: Timeless Indigenous Strategies for Contemporary Substance Use Disorder Prevention</i>	More Info
Wednesday, May 22, 2024 12:00 PM to 1:30 PM	MHTTC: <i>Making Room for Mental Health: Reasonable Accommodations and Modifications in Housing</i>	More Info
Thursday, May 30, 2024 11:00 AM to 12:00 PM	MHTTC: <i>Anxiety and Phobic Disorders in the Black Community</i>	More Info
Thursday, May 30, 2024 12:00 PM to 3:00 PM	PTTC: <i>Project Management Skills for Substance Misuse Prevention Professionals</i>	More Info

Free Crisis Training Series - Hosted by Iowa HHS

The Iowa Department of Health and Human Services hosted a free webinar training series to assist Iowa's 988 and behavioral health crisis providers in serving children and their families, and individuals who identify as LGBTQ+. While this series was developed for crisis service providers it is open to everyone.

Practicing Cultural Humility with Children and Families in Crisis ~ [More Info](#)

Practicing Cultural Humility with LGBTQIA+ Populations ~ [More Info](#)

Safety, Comfort, and Consent: Crisis Work with LGBTQIA+ Clients ~ [More Info](#)

External Learning Series

Wednesday, May 1, 8, 15, 22, 29, 2024 2:00 PM to 3:00 PM	Words Matter Wednesdays: Advancing Equity Through Language	More Info
Tuesday, May 7, 14, 21, 28, 2024 Tuesday, June 4, 11, 2024 5:00 PM to 6:30 PM	Leveraging Systems Change for Substance Misuse Prevention: An Enhanced Prevention	More Info
Wednesday, May 8, 22, 2024 Wednesday, June 5, 2024 11:00 AM to 12:00 PM	Overview of Trauma Among Youth	More Info
Tuesday, May 14, 21, 28, 2024 Tuesday, June 4, 2024 12:30 PM to 2:00 PM	Contingency Management	More Info

External On-Demand Training Opportunities

*Free trainings, account set up required

Race, Culture, and Diagnosis of Psychosis ~ [More Info](#)

Culture of Mental Illness: Sensemaking of Psychosis and Recovery ~ [More Info](#)

Strategies to Increase Staff Morale, Retention, and Decrease Burnout in the Mental Health Workforce ~ [More Info](#)

Community Inclusion as a Medical Necessity: Strategies for Clinicians ~ [More info](#)

Providing Culturally Relevant Services to Families of LGBTQ+ Youth ~ [More Info](#)

Supporting LGBTQ+ Immigrants ~ [More Info](#)

Advancing Black LGBTQ+ Behavioral Health: Contemporary Approaches to Uprooting Intersectional Stigma to Promote Wellness ~ [More Info](#)