

Center of Excellence for Behavioral Health

July 2024 Monthly Newsletter

CEBH Updates

- Sara Knox has joined our team as our Suicide Prevention Training Specialist. Her email is sara-knox@uiowa.edu. Welcome Sara!
- If you or your team need assistance with case consultations or client concerns, please contact iowa-cebh@uiowa.edu.

Our July CEBH Trainings

Tuesday, July 16, 2024 1:00 PM to 2:30 PM Register Here	Training with the Iowa Peer Workforce Collaborative
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Upcoming CEBH Trainings

Wednesday, August 14, 2024 12:00 PM to 1:30 PM Register Here	Harm Reduction in a Behavioral Health Setting
Wednesday, September 11, 2024 1:00 PM to 4:00 PM Register Here	Connecting Paradigms: Trauma-Informed Motivational Interviewing
Wednesday, October 16, 2024 9:00 AM to 12:00 PM Register Here	Trauma-Informed Leadership

House File 2673 Public Comment Sessions

In light of the recent passage of HF2673 that supports the alignment and reorganization of Iowa's behavioral health system and aging and disability system, HHS is hosting a few public comment sessions to weigh in on how this reorganization should look. The sessions are listed below. [More Info](#)

Monday, July 1, 2024 1:00 PM to 3:00 PM Presentation pdf	Polk County River Place 2309 Euclid Ave, Des Moines, IA
Monday, July 8, 2024 12:00 PM to 1:00 PM Presentation pdf	Virtual
Thursday, July 18, 2024 12:00 PM to 2:00 PM Presentation pdf	Rosecrance Jackson Centers 3500 W. 4 th St., Sioux City, IA

CEBH On-Demand Trainings

- [IPS 101: Introduction to the Basics](#)
- [Introduction to Assertive Community Treatment \(ACT\)](#)
- [IPS for Employment Specialists and Supervisors](#)
- [IPS Toolbox for Supervisors and Employment Specialists](#)

In Case You Missed it

- [2024 CEBH Trainings Archive](#)
- [2023 CEBH Trainings Archive](#)

IPS Learning Community Meeting

Thursday, July 18, 2024
10:00 AM to 12:00 PM
[Register Here](#)

Additional CEBH Activities

Rural ACT Coalition
Monday, July 1, 2024
3:00 PM to 4:00 PM

Resources

- [ACT in Iowa Contact Information](#)
- [Proposed Number & Location of ACT Teams in Iowa](#)
- [Expanding Peer Support and Supporting the Peer Workforce in Mental Health](#)

July External Trainings

Monday, July 1, 2024 11:30 AM to 1:00 PM	MHTTC: <i>Supervising Peer Recovery Support Professionals</i>	More Info
Monday, July 1, 2024 12:00 PM to 1:00 PM	MHTTC: <i>Understanding Power and Privilege: New Angles for a New Era</i>	More Info
Tuesday, July 9, 2024 9:00 AM to 11:00 AM	ATTC: <i>Professional Boundaries</i>	More Info
Tuesday, July 9, 2024 1:00 PM to 2:00 PM	<i>Addiction 101</i>	More Info
Wednesday, July 10, 2024 12:00 PM to 1:30 PM	ATTC: <i>Forced Displacement, Trauma and Mental Health</i>	More Info
Thursday, July 11, 2024 11:30 AM to 1:00 PM	MHTTC: <i>Healthy Connections to Overcome Addictions</i>	More Info
Thursday, July 11, 2024 12:00 PM to 1:30 PM	ATTC: <i>Resilience Ready Addiction Practice: Thriving Amidst the Challenges</i>	More Info
Thursday, July 11, 2024 1:00 PM to 2:00 PM	<i>Stimulants 101</i>	More Info
Monday, July 15, 2024 3:30 PM to 5:00 PM	MHTTC: <i>Age-Friendly Healthcare: Mentation's 3 Ds (Dementia, Delirium, and Depression)</i>	More Info
Tuesday, July 16, 2024 1:00 PM to 2:30 PM	HHRC: <i>Eviction Prevention: Strategies for Supporting Individuals with Serious Mental Illness and Substance Use Disorders</i>	More Info
Wednesday, July 17, 2024 1:00 PM to 2:00 PM	<i>Trans and Gender Diverse Folks and Substance Use Treatment: Foundations</i>	More Info
Thursday, July 18, 2024 10:00 AM to 11:30 AM	ATTC: <i>Contingency Management and Stimulant Use Webinar Series Session 1: Foundations</i>	More Info
Thursday, July 18, 2024 11:00 AM to 12:00 PM	<i>Promoting Social Equity for Underrepresented Individuals in the Workforce</i>	More Info
Thursday, July 18, 2024 11:00 AM to 12:00 PM	MHTTC: <i>Overcoming the Stigma of Mental Illness in Black Communities</i>	More Info
Monday, July 22, 2024 9:00 AM to 11:00 AM	PTTC: <i>Trauma Strategies for Peer Support Using Self-Care</i>	More Info
Monday, July 22, 2024 4:30 PM to 6:00 PM	MHTTC: <i>Changing the Narrative: Mastering the Art of Storytelling in Behavioral Health</i>	More Info

July External Trainings (continued)

Tuesday, July 23, 2024 8:30 AM to 12:30 PM	MHTTC: <i>Stress Management and Resiliency Training (SMART)</i>	More Info
Tuesday, July 23, 2024 1:00 PM to 2:00 PM	MHTTC: <i>Reclaiming Native Psychological Brilliance: Wise Practices</i>	More Info
Thursday, July 25, 2024 12:00 PM to 1:00 PM	<i>Iowa Naloxone 101</i>	More Info
Thursday, July 25, 2024 1:00 PM to 2:00 PM	MHTTC: <i>Thriving Together: Fostering Organizational Wellness in Rural Behavioral Health Settings</i> <i>Session 1: Organizational Commitment to the Culture of Care</i>	More Info
Wednesday, July 31, 2024 10:00 AM to 11:30 AM	PTTC: <i>Elevate Your Work: Accessibility for Prevention Professionals</i>	More Info

External Training Series

Tuesday, July 9, 16, 23, 30, 2024 11:00 PM to 12:00 PM	MHTTC: <i>Foundational Aspects of Cognitive Behavioral Techniques</i>	More Info
Tuesday, July 23, 2024 Thursday, July 25, 2024 4:00 PM to 5:30 PM	MHTTC: <i>Fostering Trust & Employee Wellbeing through Reflective & Relational-Based Supervision: 2 Part Series</i>	More Info

External On-Demand Training Opportunities

*Free trainings, account set up might be required

Introduction to Hoarding Disorder ~ More Info
The Peer Support Experience: In Our Own Words ~ More Info
Crisis Prevention Institute on Workplace Violence Prevention ~ More Info