

Center of Excellence for Behavioral Health

December 2024 Monthly Newsletter

The **International Day of Persons with Disabilities (IDPD)** is observed annually on December 3rd. The theme for this year is "**Amplifying the leadership of persons with disabilities for an inclusive and sustainable future.**" This theme recognizes the important role that persons with disabilities play in creating a more inclusive and sustainable world for all. It also emphasizes the importance of the participation of persons with disabilities in decision-making processes that affect their lives. More information can be found [here](#).

CEBH Updates

- The CEBH team is working to prepare our upcoming **2025 Training Plan** and we appreciate all the feedback received thus far. If there is any training content you would specifically like to see, or if your agency or community is hosting a training that you would like to be displayed in our newsletter, please send that information to iowa-cebh@uiowa.edu.
- The Iowa Finance Authority and the Corporation for Supportive Housing (CSH) are pleased to offer the first **Iowa Supportive Housing Institute** beginning in March 2025. The institute is a six-month training series that will focus on developing income-targeted affordable housing with support services (supportive housing) for those Iowans with the highest needs who are also experiencing homelessness. The Iowa Supportive Housing Institute Overview Webinar recording can be viewed [here](#). Presentation slides can be viewed [here](#). For more information and the application click [here](#). Applications are due by Friday, December 13, 2024.
- The 35th Annual National Leadership Forum - **SAMHSA's 21st Annual Prevention Day** - brings together over 4,000 prevention practitioners, advocates, scientists, leaders (community, state, tribal, federal), and consumers at the largest federal gathering dedicated to advancing the prevention of substance use. It will take place **February 3-6, 2025, at Gaylord National in National Harbor, MD**. More information can be found [here](#).
- If you or your team need assistance with case consultations or client concerns, please contact iowa-cebh@uiowa.edu.

CEBH Trainings Archive

[2024 Trainings](#)

[2023 Trainings](#)

CEBH On-Demand Trainings

[IPS 101: Introduction to the Basics](#)

[Introduction to Assertive Community Treatment \(ACT\)](#)

[Iowa IPS Specialist Training Course](#)

[Iowa IPS Toolbox](#)

[PSH Toolbox](#)

CEBH Resources

[Iowa PSH Program Guide](#)

[ACT in Iowa Contact Information](#)

[Proposed Numbers & Location of ACT Teams in Iowa](#)

[MEMO: Outreach on ACT Rate in Iowa](#)

[Iowa IPS Start-Up Checklist](#)

[Iowa IPS Fidelity Manual](#)

[PSH Infographic](#)

[Iowa ACT Teams Map](#)

Resources

[Changing the Conversation – Morning Cup of Equity Podcast](#)

[Advancing Diversity, Equity, Inclusion, and Accessibility](#)

[Peer Support Specialist: A Growing Mental Health and Addictions Workforce](#)

[Understanding and Supporting Residents with Serious Mental Illness](#)

[Behavioral Health Best Practice Resources Addressing Trauma and Violence](#)

[FAQ: Engaging People with Lived Experience of Incarceration](#)

December External Trainings

IPS Employment Center - IPS Practice Principles

These virtual trainings cover the eight practice principles of IPS Supported Employment. New staff in IPS programs, case managers, VR counselors, and clinicians are welcome to join. The trainings are available at no cost. Each training covers the same material.

Monday, December 2, 2024 8:00 AM to 9:30 AM	<i>IPS Practice Principles</i>	Presenter: Sarah Swanson Zoom Link Meeting ID: 876 3046 6443 Passcode: 207175
Monday, December 16, 2024 2:30 PM to 4:00 PM	<i>IPS Practice Principles</i>	Presenter: Jennie Keleher Zoom Link Meeting ID: 924 0442 8840 Passcode: 865022

External On-Demand Trainings

*Free trainings, account set up might be required

Coalition Best Practices - [More Info](#)

Harm Reduction Principles Applied to Justice-Impacted Population for BIPOC and LGBTQIA – Part 1 - [More Info](#)

Harm Reduction Principles Applied to Justice-Impacted Population Among BIPOC and LGBTQIA+ – Part 2 - [More Info](#)

Treating Co-occurring Chronic Pain and PTSD - [More Info](#)

Understanding Community Trauma: Systemic Challenges in Black and Brown Communities - [More Info](#)

Hope Virtual Learning Hub - [More Info](#)

External Live Trainings

Monday, December 2, 2024 2:00 PM to 3:30 PM	<i>Benchmarking ACT Service Recipient Circumstances and Experiences: Comparing Higher and Lower Fidelity Teams</i>	Register Here
Tuesday, December 3, 2024 2:00 PM to 3:30 PM	<i>Loneliness Among Homeless and Formerly Homeless Individuals</i>	Register Here
Wednesday, December 4, 2024 8:00 AM to 11:15 AM	<i>Strengthening a Person's Own Motivation and Commitment to Change</i>	Register Here
Wednesday, December 4, 2024 12:00 PM to 1:30 PM	<i>Exploring Ethical Dilemmas in Capacity Assessments</i>	Register Here
Wednesday, December 4, 2024 1:30 PM to 3:00 PM	<i>Improving Behavioral Health Care for Older Adults in the Criminal Justice System</i>	Register Here

December External Trainings

External Live Trainings (continued)

Thursday, December 5, 2024 12:00 PM to 2:30 PM	<i>Effective Models to Address Mental Health and Substance Use Disorders: Strategies for Successful and Equitable Abatement Using Opioid Settlement Dollars</i>	Register Here
Thursday, December 5, 2024 1:00 PM to 4:00 PM	<i>Peer Support Training for Healthcare Professionals</i>	Register Here
Friday, December 6, 2024 9:00 AM to 11:00 AM	<i>Evolving a Trauma-Response Environment to Support Workforce Wellness</i>	Register Here
Friday, December 6, 2024 12:00 PM to 1:30 PM	<i>What to do with the Wounds that Time Does Not Heal?</i>	Register Here
Friday, December 6, 2024 1:00 PM to 3:00 PM	<i>CATCH-ON: Older Adult Mental Health Basics</i>	Register Here
Monday, December 9, 2024 12:00 PM to 1:30 PM	<i>Setting the Intention: Goal Setting for Prevention Practitioners & Organizations</i>	Register Here
Tuesday, December 10, 2024 9:00 AM to 10:30 AM	<i>Overdose and Suicide: Identifying Risks & Opportunities for Intervention</i>	Register Here
Wednesday, December 11, 2024 1:00 PM to 2:00 PM	<i>Community Inclusion, Participation, and Mattering: Directions for Suicide Prevention</i>	Register Here
Wednesday, December 11, 2024 2:00 PM to 3:30 PM	<i>NAMI Virtual Town Hall Pathways to Healing: Insights From a Cop, a Client, and a Counselor</i>	Register Here
Thursday, December 12, 2024 10:00 AM to 11:00 AM	<i>Trans and Gender Diverse Folks and Substance Use Treatment: Foundations</i>	Register Here
Thursday, December 12, 2024 11:30 AM to 12:30 PM	<i>How Health Systems and Hospitals Can Help Solve Homelessness</i>	Register Here
Thursday, December 12, 2024 1:30 PM to 3:00 PM	<i>Addressing Behavioral Health Crisis in Aging Adults: Reducing Stigma and Enhancing Care</i>	Register Here
Friday, December 13, 2024 11:00 AM to 12:30 PM	<i>Managing Alcohol Use During the Holidays</i>	Register Here
Monday, December 16, 2024 9:00 AM to 12:00 PM	<i>Broaching Sensitive and Difficult Topics with Individuals in Care</i>	Register Here
Wednesday, December 18, 2024 12:00 PM to 1:00 PM	<i>Mindfulness for Human Service Professionals</i>	Register Here
Wednesday, December 18, 2024 1:00 PM to 2:30 PM	<i>Navigating the Realm of Community Organizing in Today's World</i>	Register Here
Thursday, December 19, 2024 9:00 AM to 11:00 AM	<i>Having a Harm Reduction Conversation</i>	Register Here