

# Center of Excellence for Behavioral Health

## January 2025 Monthly Newsletter

**Substance Use Disorder Treatment Month (Treatment Month)**, which will launch in January 2025, serves to support: people contemplating or seeking help for their substance use, practitioners treating or considering treating substance use disorder, and friends, family, and loved ones of those with substance use conditions. More information can be found [here](#).

### CEBH Updates

- The CEBH team is working to prepare our upcoming **2025 Training Plan**. Trainings will start in February, see below for our first two scheduled trainings.
- On behalf of Iowa's CEBH, we are pleased to offer enrollment to **LivingWorks Start** at no cost to you. LivingWorks Start is a 90-minute online training that helps learners develop foundational skills to recognize when someone may be thinking of suicide and connect them to further help. [Enroll Now for Free](#).
- Build Capacity in Your Health Center or MRC Program to Address Housing-Related Needs - In this 2025 learning collaborative, the **National Health Care for the Homeless Council** will explore how Health Care for the Homeless Health Centers and medical respite care programs can build capacity for addressing housing-related needs through strong partnerships with community organizations. More information can be found [here](#).
- The 35th Annual National Leadership Forum - **SAMHSA's 21st Annual Prevention Day** - brings together over 4,000 prevention practitioners, advocates, scientists, leaders (community, state, tribal, federal), and consumers at the largest federal gathering dedicated to advancing the prevention of substance use. It will take place **February 3-6, 2025, at Gaylord National in National Harbor, MD**. More information can be found [here](#).
- If you or your team need assistance with case consultations or client concerns, please contact [iowa-cebh@uiowa.edu](mailto:iowa-cebh@uiowa.edu).

### Upcoming CEBH Trainings

Wednesday, February 19, 2025 10:00 AM to 12:00 PM	<i>Social Determinants of Health: Key Factors Influencing Well-Being</i>	<a href="#">Register Here</a>
Tuesday, March 11, 2025 9:00 AM to 12:00 PM	<i>Motivational Interviewing and Stages of Change</i>	<a href="#">Register Here</a>

### CEBH Trainings Archive

[2024 Trainings](#)

[2023 Trainings](#)

### CEBH On-Demand Trainings

[IPS 101: Introduction to the Basics](#)

[Introduction to Assertive Community Treatment \(ACT\)](#)

[Iowa IPS Specialist Training Course](#)

[Iowa IPS Toolbox](#)

[PSH Toolbox](#)

### CEBH Resources

[Iowa PSH Program Guide](#)

[ACT in Iowa Contact Information](#)

[Proposed Numbers & Location of ACT Teams in Iowa](#)

[MEMO: Outreach on ACT Rate in Iowa](#)

[Iowa IPS Start-Up Checklist](#)

[Iowa IPS Fidelity Manual](#)

[PSH Infographic](#)

[Iowa ACT Teams Map](#)

### Resources

[Suicide Prevention Strategies for Underserved Youth](#)

[Creating a Recovery Friendly Workplace: A Guide for Employers](#)

[Practical Guide for Expanding the Community-Based Behavioral Health Workforce](#)

[Retention Through Recovery Friendly Workplaces Podcast](#)

[Considerations for Genetic Testing in the Assessment of Substance Use Disorder Risk](#)

[Advising People on Using 988 Versus 911: Practical Approaches for Healthcare Providers](#)

# January External Trainings

## January Shared Learning Group: Navigating the Justice System

Every three months, The Link Center hosts [shared learning groups](#) for direct support professionals, clinical professionals, family members, and people with lived experience. These groups provide opportunities to dive into important topics and tap into your expertise and experiences related to people with cognitive disabilities, including intellectual and developmental disabilities (I/DD) and brain injuries, and mental health conditions. These meetings are led by members of our steering committee and project partners.

<b>Tuesday, January 21, 2025</b> 12:00 PM to 1:30 PM	<i>Direct Support Professionals</i>	<a href="#">Register Here</a>
<b>Tuesday, January 21, 2025</b> 2:00 PM to 3:30 PM	<i>Clinical Professionals</i>	<a href="#">Register Here</a>
<b>Wednesday, January 22, 2025</b> 12:00 PM to 1:30 PM	<i>Families of People with Lived Experience</i>	<a href="#">Register Here</a>
<b>Wednesday, January 22, 2025</b> 2:00 PM to 3:30PM	<i>People with Lived Experience</i>	<a href="#">Register Here</a>

## External On-Demand Trainings

\*Free trainings, account set up might be required

<i>Below the Waterline: Secondary Traumatic Stress and Opportunities for Trauma-Informed Supervision</i> - <a href="#">More Info</a>
<i>Healing Iowa: Overview of ACEs in Iowa and How to Respond</i> - <a href="#">More Info</a>
<i>Supporting Older Adults Experiencing Homelessness</i> - <a href="#">More Info</a>
<i>Living with Anxiety as a Disabled Parent</i> - <a href="#">More Info</a>
<i>Strategies to Support Parents with Psychiatric Disabilities with Child Welfare Involvement: Perspectives from Staff Providing Legal Services</i> - <a href="#">More Info</a>
<i>Creative Solutions for Housing Forensic Populations</i> - <a href="#">More Info</a>

## External Live Trainings

<b>Tuesday, January 7, 2025</b> 8:00 AM to 11:15 AM	<i>Motivational Enhancement Therapy (MET) for Substance Use Treatment</i>	<a href="#">Register Here</a>
<b>Tuesday, January 7, 2025</b> 12:00 PM to 1:00 PM	<i>Behavioral Health Care Access Among Lesbian, Gay, and Bisexual (LGB) Populations</i>	<a href="#">Register Here</a>
<b>Tuesday, January 7, 2025</b> 8:00 AM to 11:00 AM	<i>De-escalation, Basic Tools for Social Workers</i>	<a href="#">Register Here</a>
<b>Wednesday, January 8, 2025</b> 11:00 AM to 1:00 PM	<i>Foundations of Severe and Persistent Mental Health Disorders</i>	<a href="#">Register Here</a>

## External Live Trainings (continued)

<b>Wednesday, January 8, 2025</b> 1:00 PM to 2:00 PM	<b><i>Words Matter: Language and Stigma Reduction</i></b>	<a href="#">Register Here</a>
<b>Friday, January 10, 2025</b> 10:00 AM to 1:15 PM	<b><i>Cognitive Behavioral Therapy for Severe and Persistent Mental Illness</i></b>	<a href="#">Register Here</a>
<b>Friday, January 10, 2025</b> 12:30 PM to 1:30 PM	<b><i>Crisis: Before, During, and After Webinar Series: Turning Points</i></b>	<a href="#">Register Here</a>
<b>Tuesday, January 14, 2025</b> 9:00 AM to 12:00 PM	<b><i>Culturally &amp; Linguistically Appropriate Services (CLAS): Enhancing Cultural Responsiveness in Behavioral Health Services</i></b>	<a href="#">Register Here</a>
<b>Tuesday, January 14, 2025</b> 2:00 PM to 3:30 PM	<b><i>Perspectives on Advancing Competitive Integrated Employment Through Employer Engagement</i></b>	<a href="#">Register Here</a>
<b>Tuesday, January 14, 2025</b> 2:00 PM to 3:30 PM	<b><i>Office Hours: Innovative Practices to Sustain The Family Peer Workforce</i></b>	<a href="#">Register Here</a>
<b>Wednesday, January 15, 2025</b> <b>Friday, January 17, 2025</b> <b>Tuesday, January 21, 2025</b> 12:00 PM to 2:00 PM	<b><i>3-Part Webinar: Theory and Practice of Motivational Interviewing</i></b>	<a href="#">Register Here</a>
<b>Wednesday, January 15, 2025</b> 2:30 PM to 4:00 PM	<b><i>How to Strike the Right Balance Between Evidence-Based Program Fidelity and Adaptation</i></b>	<a href="#">Register Here</a>
<b>Thursday, January 16, 2025</b> 11:00 AM to 12:30 PM	<b><i>The Opioid "Addiction" Crisis: Persistent Policies and Practices Perpetuating Inequitable Care</i></b>	<a href="#">Register Here</a>
<b>Thursday, January 16, 2025</b> 2:00 PM to 3:30 PM	<b><i>Accelerating Housing and Services Partnerships to Advance Housing Stability</i></b>	<a href="#">Register Here</a>
<b>Wednesday, January 22, 2025</b> 1:00 PM to 2:00 PM	<b><i>Exploring Pathways to Recovery</i></b>	<a href="#">Register Here</a>
<b>Wednesday, January 22, 2025</b> 2:00 PM to 3:00 PM	<b><i>Eliminating Hepatitis C</i></b>	<a href="#">Register Here</a>
<b>Thursday, January 23, 2025</b> 9:00 AM to 11:00 AM	<b><i>Cultural Humility &amp; Responsiveness in Behavioral Health Care</i></b>	<a href="#">Register Here</a>
<b>Tuesday, January 28, 2025</b> 1:30 PM to 3:00 PM	<b><i>Equipping Professionals to Tackle Synthetic Drug Challenges in Prevention</i></b>	<a href="#">Register Here</a>
<b>Tuesday, January 28, 2025</b> 12:00 PM to 2:00 PM	<b><i>Effective Sharing of 'Lived Experience' While Maintaining Boundaries</i></b>	<a href="#">Register Here</a>
<b>Wednesday, January 29, 2025</b> 11:00 AM to 12:00 PM	<b><i>SBIRT for Crisis Services Learning Collaborative</i></b>	<a href="#">Register Here</a>
<b>Thursday, January 30, 2025</b> 1:00 PM to 2:00 PM	<b><i>Prevention and Parenting Across the Lifespan Series - Part 1: Equipping Caregivers: Adult-supervised drinking during adolescence increases the risk of alcohol misuse</i></b>	<a href="#">Register Here</a>