

Center of Excellence for Behavioral Health

March 2025 Monthly Newsletter

CEBH News

- The **2025 Evidence-Based Practices in Behavioral Health Summit** will take place Tuesday, June 10, 2025, from 9:00 AM to 4:00 PM at the Holiday Inn & Suites Des Moines - Northwest. [View Event Details and Register.](#)
- On behalf of Iowa's CEBH, we are pleased to offer enrollment to **LivingWorks Start** at no cost to you. LivingWorks Start is a 90-minute online training that helps learners develop foundational skills to recognize when someone may be thinking of suicide and connect them to further help. [Enroll Now.](#)
- Iowa's Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Program Presents: **Providing Quality Care for People with Disabilities**, a free self-paced [course](#) created to help pre-service and practicing healthcare providers improve the health of people with disabilities across the lifespan. [See the flyer.](#)

March CEBH Trainings

Wednesday, March 5, 2025 1:00 PM to 2:00 PM	<i>Technology of Survival</i>	Register Here
Tuesday, March 11, 2025 9:00 AM to 12:00 PM	<i>Motivational Interviewing and Stages of Change</i>	Register Here

Upcoming CEBH Trainings

Wednesday, April 9, 2025 10:00 AM to 11:30 PM	<i>Adverse Childhood Experiences (ACEs)</i>	Register Here
Monday, April 21, 2025 9:00 AM to 12:00 PM	<i>Counseling on Access to Lethal Means (CALM)</i>	Register Here
Wednesday, May 21, 2025 9:00 AM to 12:00 PM	<i>Trauma-Informed Leadership and Supervision</i>	Register Here

2025 Trainings Archive	2024 Trainings Archive	2023 Trainings Archive
--	--	--

CEBH On-Demand Trainings

- [IPS 101: Introduction to the Basics](#)
- [Introduction to Assertive Community Treatment \(ACT\)](#)
- [Iowa IPS Specialist Training Course](#)
- [Iowa IPS Toolbox](#)
- [PSH Toolbox](#)

CEBH Resources

- [ACT in Iowa Contact Information](#)
- [Iowa ACT Teams Map](#)
- [Proposed Numbers & Location of ACT Teams in Iowa](#)
- [MEMO: Outreach on ACT Rate in Iowa](#)
- [Preparing for an ACT Fidelity Review](#)
- [Iowa IPS Start-Up Checklist](#)
- [Iowa IPS Fidelity Manual](#)
- [PSH Infographic](#)
- [Iowa PSH Program Guide](#)

Resources

- [Integrating Behavioral Health Services Within Specialty Practices Serving Adults](#)
- [Rural Recovery Innovations](#)
- [Zero Suicide Toolkit](#)
- [Matching Care to Need: 5 Facts on How to Improve Behavioral Health Crisis Response](#)
- [Overdose and Suicide: Identifying Risk and Opportunities for Intervention](#)

Peer Services Webinar Series

Iowa Peer Workforce Collective conducted focus groups with over 30 peer services supervisors and managers between 2023 and 2024. They described the vital role of peer services as well as the challenges they experienced at the individual, organizational, and policy levels. Based on these discussions, IPWC developed this webinar series.

- The series is open to everyone.
- Participants can attend one or multiple sessions in the series.
- All IPWC Trainings and CEUs are free.
- For a description of each webinar topic and to **register** for the first one, [click here](#).

Friday, March 7, 2025 12:00 PM to 1:00 PM	Peer Services Webinar 2: <i>Paying for Peer Services in Iowa and Hiring Peer Specialists</i>	Jen Riley, Pathways Katelyn Akright, IPWC
Friday, April 4, 2025 12:00 PM to 1:00 PM	Peer Services Webinar 3: <i>Training and Certifying Peer Staff in Iowa</i>	Kellee Thorburn McCrory, IPWC Katie Hentges, Iowa Board of Certification
Friday, July 11, 2025 12:00 PM to 1:00 PM	Peer Services Webinar 4: <i>Trauma-Informed Peer Supervision</i>	Mirna Herrera, SAMHSA

Iowa HHS Behavioral Health Launches Monthly Virtual Town Halls

The Iowa Department of Health and Human Services (HHS), Division of Behavioral Health, is launching monthly virtual town halls to provide a forum for updates, questions, and feedback related to Iowa’s behavioral health service system and the work to build out the continuum of behavioral health prevention, early intervention, treatment, recovery support, and crisis services available throughout Iowa.

Sessions are intended to help providers, partners, system stakeholders and other interested Iowans feel connected to HHS’ system development and to improve HHS’ connections to behavioral health services throughout the state.

Upcoming Town Hall Dates: [Register for the Behavioral Health Town Halls](#)

- **March 27, 2025** – 4 p.m. to 5 p.m.
- **April 24, 2025** – 4 p.m. to 5 p.m.

[View Behavioral Health Rules](#) [View Aging and Disability Services Rules](#)

Have questions about Iowa's Behavioral Health Service System? [Submit your questions](#)

March External Live Trainings

Monday, March 3, 2025 8:00 AM to 11:15 AM	<i>Engaging People in Conversations About Change</i>	Register Here
Tuesday, March 4, 2025 9:00 AM to 12:30 PM	<i>Ethics in Prevention</i>	Register Here
Wednesday, March 5, 2025 1:00 PM to 2:00 PM	<i>Advancing Harm Reduction Approaches</i>	Register Here

March External Live Trainings

Thursday, March 6, 2025 11:00 AM to 1:00 PM	<i>Foundations of Severe and Persistent Mental Health Disorders</i>	Register Here
Thursday, March 6, 2025 12:30 PM to 1:30 PM	<i>Crisis: Before, During, and After Webinar Series: 988 & 911: What to Know, What to Do</i>	Register Here
Friday, March 7, 2025 11:00 AM to 12:00 PM	<i>This Is Your Brain: Understanding the Brain and Its Clinical Implications</i>	Register Here
Monday, March 10, 2025 12:00 PM to 1:15 PM	<i>Narratives of Change: Storytelling as a Movement Building Tool</i>	Register Here
Tuesday, March 11, 2025 1:00 PM to 2:30 PM	<i>Understanding Contingency Management: A Foundational Webinar for Homeless Service Providers</i>	Register Here
Wednesday, March 11, 2025 Friday, March 13, 2025 1:30 PM to 3:00 PM	<i>Cultivating Recovery Oriented Systems of Care - Two Part Event</i>	Register Here
Thursday, March 13, 2025 2:00 PM to 3:00 PM	<i>Equity as a Foundation for Leadership - Engaging in Co-Production and Community Driven Practices</i>	Register Here
Monday, March 17, 2025 12:00 PM to 3:15 PM	<i>Resilience Focused Supervision</i>	Register Here
Wednesday, March 19, 2025 11:00 AM to 12:30 PM	<i>Ethics for Behavioral Health Professionals in Rural Areas</i>	Register Here
Thursday, March 20, 2025 12:00 PM to 2:00 PM	<i>Best Practices: The Nurse Care Manager Model of Office-Based Addiction Treatment</i>	Register Here
Tuesday, March 25, 2025 1:00 PM to 2:30 PM	<i>Treatment and Recovery of Co-Occurring Disorders Among Hispanic and Latino Individuals</i>	Register Here
Wednesday, March 26, 2025 12:00 PM to 1:30 PM	<i>An Introduction to Environmental Change Strategies for Prevention Practitioners</i>	Register Here

External On-Demand Trainings

*Free trainings, account set up might be required

Iowa ACEs Trainings - [More Info](#)

The Innovative Guided Rehabilitation Employer Engagement Training (iGREET) Course - [More Info](#)

A Strategic Planning Approach to Suicide Prevention - [More Info](#)

Introduction to Substance Use Disorder - [More Info](#)

Suicide Prevention Through Culture - [More Info](#)