

Center of Excellence for Behavioral Health July 2025 Monthly Newsletter

CEBH Updates

- Iowa CEBH is excited to launch our **Foundations in Behavioral Health Prevention Virtual Training Series**, beginning this July! Check out the [flyer](#) and visit the [Prevention](#) page on the CEBH website to learn more and register.
- Iowa's Youth Suicide Prevention Summit - Fostering Change through Meaningful Conversations to Prevent Youth Suicide** will be Tuesday, September 9, 2025, from 9:00 AM to 4:00 PM at the Holiday Inn & Suites Des Moines. [Register Here](#).
- Iowa's CEBH would like to thank you for taking the time to join us for a day of learning at our EBP Summit. [View EBP Summit Materials and Recordings](#).
- The CEBH team is working to prepare our upcoming **Fall 2025 Training Plan**. Training dates will be announced soon.
- On behalf of Iowa's CEBH, we are pleased to offer enrollment to **LivingWorks Start** at no cost to you. LivingWorks Start is a 90-minute online training that helps learners develop foundational skills to recognize when someone may be thinking of suicide and connect them to further help. [Enroll Now](#).

July CEBH Prevention Trainings

Friday, July 11, 2025 10:00 AM to 11:30 AM	<i>Foundation of Prevention Science</i>	Register Here
Friday, July 18, 2025 10:00 AM to 11:30 AM	<i>Foundation of Prevention Theory</i>	Register Here
Friday, July 25, 2025 10:00 AM to 11:30 AM	<i>Overview of Strategic Prevention Framework</i>	Register Here

August CEBH Prevention Trainings

Friday, August 1, 2025, 2025 10:00 AM to 11:30 AM	<i>Building Collaboration for Behavioral Health Prevention</i>	Register Here
Friday, August 8, 2025 10:00 AM to 11:30 AM	<i>Understanding and Identifying Your Population</i>	Register Here
Friday, August 15, 2025 10:00 AM to 11:30 AM	<i>Implementing Evidence-based Programs, Policies, and Practices</i>	Register Here

CEBH Trainings Archive

2025	2024	2023
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Self-Care Sticky

"If your compassion does not include yourself, it is incomplete"
-Jack Kornfield

We often think of compassion as something we extend to others — being kind, understanding, and supportive when they're suffering. But true compassion must also be directed inward. If you're kind to everyone else but harsh and critical toward yourself, your compassion is only partial.

CEBH On-Demand Trainings

[IPS 101: Introduction to the Basics](#)
[Introduction to Assertive Community Treatment \(ACT\)](#)
[Iowa IPS Specialist Training Course](#)

CEBH Resources

[ACT in Iowa Contact Information](#)
[Iowa ACT Teams Map](#)
[Proposed Numbers & Location of ACT Teams in Iowa](#)
[MEMO: Outreach on ACT Rate in Iowa](#)
[Preparing for an ACT Fidelity Review](#)
[Iowa IPS Start-Up Checklist](#)
[Iowa IPS Fidelity Manual](#)
[PSH Infographic](#)
[Iowa PSH Program Guide](#)
[PSH Toolbox](#)
[Iowa IPS Toolbox](#)

Iowa HHS Virtual Aging & Disability Town Halls

Iowa HHS launched a new series of virtual monthly Aging & Disability Town Halls to share updates, ask questions, and connect with service providers or clients who receive services. These town halls are a valuable opportunity to stay informed, share your voice, and hear directly from leaders and advocates in aging and disability services.

Everyone is welcome—community members, caregivers, professionals, and anyone with an interest in these topics.

- **Provider Town Hall - Wednesday, July 9, 2025 - 4:00 PM to 5:00 PM** - [Event Details](#)

[View Aging and Disability Service Rules](#) [View Behavioral Health Rules](#)

July External Live Trainings

Tuesday, July 1, 2025 Wednesday, July 2, 2025 10:00 AM to 3:00 PM	<i>Enhancing Care and Services for Mental Health and Substance Use Disorders: A Workshop</i>	Register Here
Tuesday, July 1, 2025 12:00 PM to 1:00 PM	<i>Act With Hope: Community Engagement Approaches</i>	Register Here
Tuesday, July 1, 2025 1:00 PM to 2:15 PM	<i>Law Enforcement and Public Health Collaboration</i>	Register Here
Monday, July 7, 2025 4:00 PM to 5:00 PM	<i>On-the-Spot: Motivational Interviewing</i>	Register Here
Tuesday, July 8, 2025 11:30 to 12:30 PM	<i>Primary Pathways: Paving the Way for Pediatric Behavioral Health Integration</i>	Register Here
Tuesday, July 8, 2025 12:00 PM to 1:30 PM	<i>Co-Occurring Substance Use Disorders and ADHD</i>	Register Here
Tuesday, July 8, 2025 12:00 PM to 1:30 PM	<i>Co-Occurring Mental Health Disorder & Substance Use Disorder (SUD) Treatment</i>	Register Here
Tuesday, July 8, 2025 1:00 PM to 2:00 PM	<i>Solving School-Age Homelessness Through School-Housing Partnerships</i>	Register Here
Tuesday, July 8, 2025 1:00 PM to 2:00 PM	<i>Following Advocacy Amplified: Strengthening your Advocacy</i>	Register Here
Tuesday, July 8, 2025 3:00 PM to 4:00 PM	<i>Plain Language</i>	Register Here
Wednesday, July 9, 2025 1:00 PM to 2:00 PM	<i>Re-entry Rethought: How Medicaid Can Strengthen Re-entry and Reduce Recidivism</i>	Register Here
Wednesday, July 9, 2025 1:00 PM to 2:00 PM	<i>Listening, Learning, Improving: Experience Trends in Action</i>	Register Here
Thursday, July 10, 2025 9:00 AM to 10:00 AM	<i>Understanding and Addressing Tobacco and Nicotine Use Disorder: Treatment and Recovery</i>	Register Here

July External Live Trainings (cont.)

Wednesday, July 9, 2025 1:00 PM to 2:00 PM	<i>Listening, Learning, Improving: Experience Trends in Action</i>	Register Here
Thursday, July 10, 2025 9:00 AM to 10:00 AM	<i>Understanding and Addressing Tobacco and Nicotine Use Disorder: Treatment and Recovery</i>	Register Here
Thursday, July 10, 2025 12:00 PM to 1:00 PM	<i>Mindset and Philosophy: Stepping Stones to SUD Integrations Across the Crisis Continuum</i>	Register Here
Thursday, July 10, 2025 2:00 PM to 3:00 PM	<i>The Most Effective Psychopharmacological Approaches to Optimize Outcomes for Individuals With Schizophrenia Session 1: Starting Clozapine</i>	Register Here
Monday, July 14, 2025 10:00 AM to 11:00 PM	<i>Psychostimulants in Iowa, Kansas, Nebraska, and Missouri</i>	Register Here
Monday, July 14, 2025 1:00 PM to 2:00 PM	<i>Co-Occurring SMI and SUD Learning Series - Session 3 Intersections of Methamphetamine-Induced Psychosis and Schizophrenia Spectrum Disorders.</i>	Register Here
Monday, July 14, 2025 2:00 PM to 3:00 PM	<i>From Fragmentation to Function: Reimaging Substance Use Integration Across Health Care, Child Welfare, and Schools Series Part 2 - Shifting the Narrative: Schools on the Frontline: Early Identification, Intervention, and Support</i>	Register Here
Tuesday, July 15, 2025 11:00 AM to 12:30 PM	<i>Leading on Empty: Recharging Resilience and Rethinking What's Possible</i>	Register Here
Tuesday, July 15, 2025 12:00 PM to 1:00 PM	<i>DSM-5 and Substance Use Disorders</i>	Register Here
Tuesday, July 15, 2025 1:00 PM to 2:30 PM	<i>Empowering Families: Implementing Sustainable Family Support in Recovery Services</i>	Register Here
Tuesday, July 15, 2025 2:00 PM to 3:00 PM	<i>Act With Hope: Engagement Anywhere</i>	Register Here
Tuesday, July 15, 2025 2:00 PM to 3:00 PM	<i>Neurobiology and Recovery: Addressing Nicotine Use Among Individuals with Serious Mental Illness</i>	Register Here
Wednesday, July 16, 2025 1:00 PM to 2:00 PM	<i>Role of Structural Determinants of Health on Access and Availability to Services</i>	Register Here

July External Live Trainings (cont.)

Wednesday, July 16, 2025 2:00 PM to 3:00 PM	<i>NAMI Virtual Town Hall: Three Years of 988 and Reimaging Crisis</i>	Register Here
Thursday, July 17, 2025 11:00 AM to 12:30 PM	<i>Crisis Systems in Addressing the Needs of Individuals with Substance Use Disorders and Mental Illness</i>	Register Here
Tuesday, July 22, 2025 8:00 AM to 11:15 AM	<i>Motivating Behavior Change</i>	Register Here
Wednesday, July 23, 2025 8:30 AM to 11:30 AM	<i>Trauma-Informed Screening for Adverse Childhood Experiences (ACEs)</i>	Register Here
Monday, July 28, 2025 10:00 AM to 11:00 AM	<i>Strategies to Prevent Substance Use Among Youth in Rural Areas</i>	Register Here
Monday, July 28, 2025 1:00 PM to 1:30 PM	<i>Mindfulness Monday - Practices to Promote Mental Well-Being and Resilience</i>	Register Here
Tuesday, July 29, 2025 12:00 PM to 1:30 PM	<i>SAMHSA's Best Practices for Recovery Housing</i>	Register Here

External On-Demand Trainings

[Advance Care Planning with People Experiencing Homelessness](#)

[Child Mind Institute Video Library](#)

[Center for Practice Innovations - Trauma-Informed Approach](#)

[Navigating Operational Challenges in Supportive Housing](#)

[5 Ways to Support Someone Who Uses Methamphetamine During the Transition to Housing](#)

Resources

[Seven Strategies for Suicide Prevention](#)

[Toolkit: Carry the Message How Substance Use Disorder Treatment Agencies Can Help Child Welfare Agencies Meet the Safety Needs of Children](#)

[LGBTQ+ Parenting and Mental Health: Building a Family and Finding Support](#)

[Published Findings: How Medicaid Addresses Member Mental Health and Substance Use Disorder Challenges](#)

[Over-the-Counter Naloxone Messaging Guide](#)