

Center of Excellence for Behavioral Health June 2025 Monthly Newsletter

CEBH Updates

- The **2025 Evidence-Based Practices in Behavioral Health Summit** scheduled for June 10, 2025, will be HELD VIRTUALLY from 9:30 AM to 4:00 PM. [Register Here](#).
- Iowa's Youth Suicide Prevention Summit - Fostering Change through Meaningful Conversations to Prevent Youth Suicide** will be Tuesday, September 9, 2025, from 9:00 AM to 4:00 PM at the Holiday Inn & Suites Des Moines. [Register Here](#).
- The CEBH team is working to prepare our upcoming **Fall 2025 Training Plan**. Training dates will be announced soon.
- On behalf of Iowa's CEBH, we are pleased to offer enrollment to **LivingWorks Start** at no cost to you. LivingWorks Start is a 90-minute online training that helps learners develop foundational skills to recognize when someone may be thinking of suicide and connect them to further help. [Enroll Now](#).

June CEBH Training

Tuesday, June 10, 2025 9:30 AM to 4:00 PM	Evidence-Based Practices in Behavioral Health Summit <i>*IBC approval is progress</i>	Register Here
---	---	-------------------------------

CEBH Trainings Archive

2025	2024	2023
----------------------	----------------------	----------------------

Iowa HHS Virtual Aging & Disability Town Halls

Iowa HHS is launching a new series of virtual monthly Aging & Disability Town Halls to share updates, ask questions, and connect with service providers or clients who receive services. These town halls are a valuable opportunity to stay informed, share your voice, and hear directly from leaders and advocates in aging and disability services. Everyone is welcome—community members, caregivers, professionals, and anyone with an interest in these topics.

- Provider Town Hall - Monday, June 9, 2025 - 4:00 PM to 5:00 PM - [Sign up here](#)
- Member Town Hall – Tuesday, June 17, 2025 – 4:00 PM to 5:00 PM - [Sign up here](#)

[View Aging and Disability Service Rules](#) [View Behavioral Health Rules](#)



Self-Care Sticky

A quick reframe can change an otherwise negative situation into something positive.

A quick reframe can change an otherwise negative situation into something positive. For example, instead of thinking, “I have to...”, think, “I get to...”. Instead of saying, “I can’t...”, say, “I’ll do the best I can...”.

CEBH On-Demand Trainings

[IPS 101: Introduction to the Basics](#)

[Introduction to Assertive Community Treatment \(ACT\)](#)

[Iowa IPS Specialist Training Course](#)

CEBH Resources

[ACT in Iowa Contact Information](#)

[Iowa ACT Teams Map](#)

[Proposed Numbers & Location of ACT Teams in Iowa](#)

[MEMO: Outreach on ACT Rate in Iowa](#)

[Preparing for an ACT Fidelity Review](#)

[Iowa IPS Start-Up Checklist](#)

[Iowa IPS Fidelity Manual](#)

[PSH Infographic](#)

[Iowa PSH Program Guide](#)

[PSH Toolbox](#)

[Iowa IPS Toolbox](#)



Peer Services Webinar Series

Iowa Peer Workforce Collective conducted focus groups with over 30 peer services supervisors and managers between 2023 and 2024. They described the vital role of peer services as well as the challenges they experienced at the individual, organizational, and policy levels. Based on these discussions, IPWC developed this webinar series.

- The series is open to everyone.
- Participants can attend one or multiple sessions in the series.
- All IPWC trainings and CEUs are free.
- For a description and to register, [click here](#). Registration opens June 12th.

Friday, July 11, 2025 12:00 PM to 1:00 PM	Peer Services Webinar 4: Trauma-Informed Peer Supervision	Mirna Herrera, SAMHSA
---	--	---------------------------------------

June External Live Trainings

Tuesday, June 3, 5, 10, and 12, 2025 12:00 PM to 1:30 PM	<i>Prevention Ethics, an Enhanced Prevention Learning Series</i>	Register Here
Tuesday, June 3, 2025 2:00 PM to 3:00 PM	<i>Integrating Minds and Models: Exploring the Comprehensive Health Integration (CHI) Framework in School-Based Health Centers (SBHCs)</i>	Register Here
Wednesday, June 4, 2025 10:00 AM to 11:00 AM	<i>The Brain and the Disease of Addiction</i>	Register Here
Wednesday, June 4, 2025 12:00 PM to 1:00 PM	<i>Meeting the Complex Needs of Young People</i>	Register Here
Thursday, June 5, 2025 12:00 PM to 1:15 PM	<i>How the Americans with Disabilities Act (ADA) Applies to Addiction and Recovery</i>	Register Here
Thursday, June 5, 2025 1:30 PM to 2:30 PM	<i>Act With Hope: Clinical Care</i>	Register Here
Friday, June 6, 2025 11:00 AM to 12:00 PM	<i>With Substance Use Disorders (SUD), is Your Focus on Recovery or Treatment and Why it Makes a Difference</i>	Register Here
Monday, June 9, 2025 11:00 AM to 12:00 PM	<i>From Fragmentation to Function: Reimagining Substance Use Integration Across Health Care, Child Welfare, and Schools Series Part 1 - Repairing the Roots: Substance Use and Child Welfare: Rebuilding Family-Centered Systems of Care</i>	Register Here
Wednesday, June 11, 2025 11:00 AM to 12:30 PM	<i>Essentials of Evidence-based Prevention Practice</i>	Register Here
Thursday, June 12, 2025 12:30 PM to 2:00 PM	<i>Perinatal Mental Health 101</i>	Register Here

June External Live Trainings (cont.)

Monday, June 16, 2025 Tuesday, June 17, 2025 9:00 AM to 5:30 PM	<i>Assessment of PTSD and Suicide Risk Management in Veterans</i>	Register Here
Tuesday, June 17, 2025 11:00 AM to 12:00 PM	<i>Supporting Young Adults Experiencing Early Serious Mental Illness in the Shift from Child to Adult Mental Health Services</i>	Register Here
Wednesday, June 18, 2025 8:00 AM to 10:00 AM	<i>Case Management Mastery: Crafting Compliant Documentation</i>	Register Here
Wednesday, June 18, 2025 11:00 AM to 12:00 PM	<i>988 Crisis Jam</i>	Register Here
Monday, June 23, 2025 11:00 AM to 12:00 PM	<i>CCHBC Children's Services Learning Community - Crisis Response for Youth Populations and Integration with MRSS</i>	Register Here
Wednesday, June 25, 2025 10:00 AM to 11:30 AM	<i>Recruitment and Retention in the Prevention Workforce</i>	Register Here
Monday, June 30, 2025 12:00 PM to 3:15 PM	<i>Right or Wrong? The Ethics of Harm Reduction</i>	Register Here

External On-Demand Trainings

[Applying Motivational Interviewing in Suicide Risk Assessment](#)

[Improving African American Retention in Mental Health and Substance Use Disorder Treatment](#)

[Navigating Social Media and Youth Mental Health in Rural Communities](#)

[Family Mental Health: Enabling vs. Empowering](#)

[Improving Behavioral Health Care for Older Adults in the Criminal Justice System](#)

Resources

[Mindful Moments Checklist](#)

[Recommendations for Local Suicide Prevention Infrastructure](#)

[Identifying and Supporting Behavioral Health Needs in Encampments: Tips for Nonclinical Staff](#)

[5 Ways to Lower Barriers to Shelter](#)

[The Substance Use Workforce Crisis: Drivers, Challenges, and Promising Strategies](#)