

Center of Excellence for Behavioral Health August 2025 Monthly Newsletter

CEBH Updates

- Iowa CEBH's **Foundations in Behavioral Health Prevention** Virtual Training Series continues in August. For more information and to register for the remaining trainings visit: <https://www.iowacebh.org/prevention/>.
- Iowa's Youth Suicide Prevention Summit - Fostering Change through Meaningful Conversations to Prevent Youth Suicide** will be Tuesday, September 9, 2025, from 9:00 AM to 4:00 PM at the Holiday Inn & Suites Des Moines-Northwest. [Register Here](#).
- The CEBH team is working to prepare our upcoming **Fall 2025 Training Plan**. Training dates will be announced soon.
- On behalf of Iowa's CEBH, we are pleased to offer enrollment to **LivingWorks Start** at no cost to you. LivingWorks Start is a 90-minute online training that helps learners develop foundational skills to recognize when someone may be thinking of suicide and connect them to further help. [Enroll Now](#).

August CEBH Prevention Trainings

Friday, August 1, 2025, 2025 10:00 AM to 11:30 AM	<i>Building Collaboration for Behavioral Health Prevention</i>	Register Here
Friday, August 8, 2025 10:00 AM to 11:30 AM	<i>Understanding and Identifying Your Population</i>	Register Here
Friday, August 15, 2025 10:00 AM to 11:30 AM	<i>Implementing Evidence-based Programs, Policies, and Practices</i>	Register Here

Iowa HHS Virtual Town Halls

Disability Services Provider Town Hall

Wednesday, August 13, 2025 - 4:00 to 5:00 PM - [Zoom Details](#)

Disability Services Member Town Hall

Tuesday, August 19, 2025 - 4:00 to 5:00 PM - [Zoom Details](#)

Behavioral Health Town Hall

Thursday, August 28, 2025 - [Zoom Details](#)

[View Aging and Disability Service Rules](#) [View Behavioral Health Rules](#)

CEBH Trainings Archive

2025	2024	2023
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Self-Care Sticky

"Do something nice for yourself today. Find some quiet, sit in stillness, and breathe."

Amidst the hustle and bustle of life, it's easy for stress to accumulate. When that happens, remember that it's okay to pause, breathe, and find solace in the quiet moments. Such "me-time" can drastically improve our clarity and ability to find solutions.

CEBH On-Demand Trainings

[IPS 101: Introduction to the Basics](#)

[Introduction to Assertive Community Treatment \(ACT\)](#)

[Iowa IPS Specialist Training Course](#)

CEBH Resources

[ACT in Iowa Contact Information](#)

[Iowa ACT Teams Map](#)

[Proposed Numbers & Location of ACT Teams in Iowa](#)

[MEMO: Outreach on ACT Rate in Iowa](#)

[Preparing for an ACT Fidelity Review](#)

[IPS Providers in Iowa](#)

[Iowa IPS Start-Up Checklist](#)

[Iowa IPS Fidelity Manual](#)

[Iowa PSH Program Guide](#)

[PSH Infographic](#)

[Iowa IPS Toolbox](#)

[Permanent Supportive Housing Toolbox](#)



IPS Practice Principles for New IPS Practitioners and Peer Specialists

These virtual trainings cover the eight practice principles of IPS Supported Employment. New staff in IPS programs, case managers, and clinicians are welcome to join. The trainings are available at no cost. Each training covers the same material.

Tuesday, August 5, 2025 8:00 AM to 9:30 AM	Presenter: Jennie Keleher Link: https://zoom.us/j/96338519276?pwd=k0cqEmFnld5N3l8YrEbWe5bQKicuHL.1 Meeting ID: 963 3851 9276 Passcode: 445999
Tuesday, August 19, 2025 2:30 PM to 4:00 PM	Presenter: Ruth Brock Length of training: 90 minutes Link: https://us06web.zoom.us/j/82218954305?pwd=XX3TFGEvYpYKuFGIR8acplq24dfJB.1 Meeting ID: 822 1895 4305 Passcode: Practice

Building Peer Service Readiness for Contracting with Funders Learning Series

Join the [SAMHSA Program to Advance Recovery Knowledge \(SPARK\)](#) initiative for a learning series to support peer-run organizations to explore and develop readiness strategies and skills that lead to successful contracts with funders.

This series provides a structured learning pathway that includes:

- Two webinars open to anyone interested: **August 20** and **September 18, 2025 (new date)**
- Individual readiness assessment for those interested in participating in the learning community: **August 27, 2025**
- Learning community event: **September 3, 2025**
- Individual, targeted technical assistance for those seeking additional support: **September 10 and 17, 2025**

The learning community event and targeted technical assistance will provide additional guidance as well as opportunities for organizations that need further preparation before advancing to the second webinar on how to contract with funders.

Wednesday, August 20, 2025 1:00 PM to 2:30 PM	<i>Contracting to Provide Peer Services: Is Your Organization Ready?</i>	Register Here
Wednesday, August 27, 2025 1:00 PM to 2:00 PM	<i>Individual Contracting Readiness Assessment</i>	Register Here
Wednesday, September 3, 2025 1:00 PM to 2:00 PM	<i>Learning Community</i>	Register Here
Wednesday, September 10, 2025 1:00 PM to 2:00 PM	<i>Individual Technical Assistance</i>	Register Here
Wednesday, September 17, 2025 1:00 PM to 2:00 PM	<i>Individual Technical Assistance</i>	Register Here
Thursday, September 18, 2025 1:00 PM to 2:30 PM	<i>Essentials for Contracting: Models, Contract Negotiation, and Compliance for Peer Organizations</i>	Register Here

August External Live Trainings

Tuesday, August 5, 2025 10:00 AM to 11:30 AM	<i>Navigating Change</i>	Register Here
Tuesday, August 5, 2025 1:00 PM to 2:30 PM	<i>From Theory to Therapy: The Evolution of Cognitive Behavioral Therapy (CBT) for Psychosis in U.S. Mental Health Care</i>	Register Here
Tuesday, August 5, 2025 2:00 PM to 3:00 PM	<i>Timing is Everything: The Role of Developmental Theory in Prevention Program Success</i>	Register Here
Wednesday, August 6, 2025 11:00 AM to 12:30 PM	<i>Early Intervention Strategies for Youth in Rural Areas: Addressing Substance Use Webinar</i>	Register Here
Thursday, August 7, 2025 10:00 AM to 11:00 AM	<i>Building Rural Recovery Ecosystems</i>	Register Here
Monday, August 11, 2025 8:30 to 10:30 AM	<i>Reducing the Harm of Alcohol Use</i>	Register Here
Monday, August 11, 2025 12:00 PM to 1:30 PM	<i>Youth Experiencing Homelessness and Serious Emotional Disturbance</i>	Register Here
Tuesday, August 12, 2025 11:00 AM to 12:00 PM	<i>Developmentally Informed Shared Decision-Making</i>	Register Here
Wednesday, August 13, 2025 1:00 PM to 2:00 PM	<i>Suicide Risk Stratification Updates</i>	Register Here
Thursday, August 14, 2025 1:00 PM to 2:30 PM	<i>Maximizing Funding for Your Recovery Programs and Peer Support Services through Cost-Effectiveness Analysis</i>	Register Here
Monday, August 18, 2025 8:30 AM to 10:30 PM	<i>High Stress Coping and Substance Use: A Toxic Combination</i>	Register Here
Monday, August 18, 2025 2:00 PM to 3:00 PM	<i>From Fragmentation to Function: Reimagining Substance Use Integration Across Health Care, Child Welfare, and Schools Series Part 3 - Breaking the Cycle: Substance Use and Psychiatric Care: Bridging the Divide for Whole-Person Treatment</i>	Register Here
Tuesday, August 19, 2025 12:00 PM to 1:00 PM	<i>Discover, Connect, Prevent: Resources from the PTTC Network & Beyond to Support Prevention Success</i>	Register Here



August External Live Trainings (cont.)

Wednesday, August 20, 2025 2:30 PM to 4:00 PM	<i>Legal Challenges and Alcohol Use Among Rural Youth</i>	Register Here
Thursday, August 21, 2025 11:00 AM to 12:00 PM	<i>Alcohol Policy 101: Overview and Updates</i>	Register Here
Thursday, August 21, 2025 1:00 PM to 3:00 PM	<i>Supporting Every Mind: 988 Crisis Services for Children and Youth with Intellectual and Developmental Disabilities (IDD)</i>	Register Here
Saturday, August 23, 2025 Sunday, August 24, 2025 8:00 AM to 3:30 PM	<i>2025 Suicide Prevention Summit</i>	Register Here
Monday, August 25, 2025 10:00 AM to 11:00 AM	<i>The Brain and the Disease of Addiction</i>	Register Here
Wednesday August 27, 2025 2:00 PM to 3:00 PM	<i>Employee Engagement: Strategies for Success</i>	Register Here

External On-Demand Trainings

[Psychiatric Advance Directives to Promote Community Living](#)

[Extended Webinar on Psychiatric Advance Directives \(PADs\): Part Two](#)

[Substance Use Disorder 101: What It is, What It Isn't](#) / [Presentation Slides](#)

[One Family's Story: Understanding Serious Emotional Disturbance \(SED\) & Serious Mental Illness \(SMI\)](#) / [Presentation Slides](#)

[Center for Practice Innovations - Peer Services](#)

Resources

[SAMHSA Overdose Prevention and Response Toolkit](#)

[Key Substance Use and Mental Health Indicators in the United States: Results from the 2024 National Survey on Drug Use and Health](#)

[2024 Companion Infographic Report: Results from the 2021 to 2024 National Surveys on Drug Use and Health](#)

[Guidelines for Implementing Medications for Opioid Use Disorder Treatment in State Prisons](#)

[Guide to Funding Supportive Services in Housing](#)

[Out of Reach: The High Cost of Housing 2025](#)