

Foundations in Behavioral Health Prevention Webinar Series

Webinar 6: Implementing Evidence-Based Programs, Policies, and Practices Resource Guide

Iowa's Center of Excellence for Behavioral Health

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Table of Contents

Summary	3
The Importance of EBPPP	4
Guides	4
Choosing EBPPP for your Community	4
Registries	4
Resource Center	4
Comprehensive Approach to Prevention & EBPPPs	5
Socio Ecological Model	5
Risk and Protective Factors Focused	5
Fidelity and Adaptation	5
Tools	5
Additional Helpful Resources	5
Important Documents	6

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Summary

This resource document provides prevention professionals, behavioral health staff, and community stakeholders with helpful materials for implementing evidence-based prevention programs, policies, and practices. Materials cover the process of selecting the best EBPPP for community development and adopting key components to help guide the overall work toward success.

The Importance of EBPP

- **Guides**

- **Getting Started with Evidence-Based Practices**

- The Getting Started with Evidence-Based Practices by The Substance Abuse and Mental Health Services Administration SAMHSA gives you an overview of the activities that are generally involved in implementing Evidence-Based Practices and tells you how to make EBPs culturally competent. This booklet is particularly relevant to the following: Mental health authorities; and agency staff who develop and manage EBP programs.

- **Evidence-Based Programs, Practices, and Policies Selection and Implementation Guide**

- The purpose of this selection and implementation guide from Iowa Health and Human Services (HHS) is to lay a clear foundation for effective prevention strategies in Iowa. This will be achieved by providing Department funded prevention contractors, through the Bureau of Substance Abuse, a set of guidelines to help agencies select the most appropriate, data driven, and “best fit” prevention strategies for implementation.

Choosing EBPPPs for Your Community

- **Registries**

- **Iowa HHS EBP Guide Version 2 March 2023**

- The Evidence-Based Practices, Programs and Policies Selection and Implementation Guide contains information and resources for each of the approved, evidence-based practices, programs and policies (EBPs) by the state of Iowa that may be utilized as part of the Department’s prevention funding opportunities. Additionally, the guide may be utilized as a resource by non-funded external agencies and partners working to identify, select and implement effective EBPs.

- **Resource Center**

- **Evidence-Based Practices Resource Center | SAMHSA**

- Substance Abuse and Mental Health Services Administration’s (SAMHSA) Evidence-Based Practice Resource Center- The Evidence-Based Practices Resource Center provides communities, clinicians, policymakers and others with the information and tools to incorporate evidence-based practices into their communities or clinical settings.

Comprehensive Approach to Prevention & EBPPPs

- **Socio Ecological Model**

- **[Shared Risk and Protective Factors for Substance Misuse and Mental Health Disorders](#)**

- This handout on risk and protective factors developed under the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for the Application of Prevention was provided in order to help states begin conversations around the benefits of considering shared factors as part of their prevention planning.

- **Risk and Protective Factor Focused**

- **[Risk and Protective Factors for Substance Misuse that Presents in Childhood](#)**

- This tool by the Strategic Prevention Technical Assistance Center (SPTAC) uses the Socio-Ecological Model (SEM) to present key risk and protective factors for substance misuse, organized across individual, relationship, community, and societal levels. By focusing on factors that emerge in childhood, it supports early interventions aimed at reducing the risk of substance misuse in later life, offering evidence-based insights to guide targeted prevention strategies for families, educators, communities, and policymakers.

Fidelity and Adaptation

- **Tools**

- **[Fidelity Monitoring Tip Sheet](#)**

- This Health and Human Services (HHS) Office of Population Affairs tipsheet can assist organizations in understanding the process of fidelity. Identifying accurate data to collect for fidelity monitoring, establishing a fidelity monitoring process, and utilizing data collected through the monitoring process.

- **Additional Helpful Resources**

- **[Committee's Report on Evidence-Based Clinical and Public Health-Generating and Applying the Evidence.pdf](#)**

- The Healthy People initiative, coordinated by the Office of Disease Prevention and Health Promotion (ODPHP) under the U.S. Department of Health and Human Services (HHS) created this brief to provide input on concepts of evidence-based practice in public health, challenges in assessing evidence in support of public health interventions, and existing resources for evidence-based public health practices.

Using Fidelity Scales for Evidence-Based Practices

- This webinar by the Northeast & Caribbean Mental Health Technology Transfer Center explains various types of evidence-based practices. It also presents how to use EBP fidelity scales and how to integrate evidence-based practices into existing programs.

Comm. 150, Prevention Supports

- Prevention Support services are available to Iowa Department of Health and Human Services (Iowa HHS), Bureau of Prevention, Treatment and Recovery Services prevention contractors.
- **Important Documents**

Adaptation Request Form.docx

- Iowa HHS Evidenced-Based Practice Adaptation Request Form guidelines for Adaptation to Evidence-Based Practices, Programs and Policies (EBP). The Iowa Department of Health and Human Services (Iowa HHS), Bureau of Prevention, Treatment and Recovery may allow adaptations to some evidence-based practices, programs and policies as long as the core components are not modified and fidelity is not compromised.

EBP Waiver Request Form.docx

- The Iowa Department of Health and Human Services (Iowa HHS), Bureau of Prevention, Treatment and Recovery, allows prevention contractors to submit a Waiver for the use of identified programs, practices, or policies not currently approved by Iowa HHS.